


7.1.1 Measures initiated by the institution for the promotion of gender equity during the year.


Annual Gender Sensitization Action Plan

- Women's Empowerment and Gender Equality are one of the Primary concerns of our institute. We practice to bring a positive change in the attitude and support equity among genders within the institute and in our outreach Programmes.
- To provide professional counseling to the new students through regular session, induction and orientation Programmes.
- Each student is to provide a mentor. Each mentor helps mentees to solve every problem regarding any issue.
- Mentorship in college to be provided where faculty and students can approach in matters of gender related issues.
- Sensitization by education in curriculum to be properly monitored.
- Conduct workshops and Guest lectures that promote diversity and gender sensitive communication for students and staff alike.
- Workshop on self-defense tips will be taught by professionals.
- Workshop on 'Menstrual Health and Hygiene'.
- To conduct classes related to women's right, women empowerment and harassment cases.
- To conduct awareness programme for safety and security on regular bases.
- Conduct activities related to health, nutrition and entrepreneurship among the female students.

Sr.No	Name of Activity	Duration	Participants
1.	Seminar on ' Science Education and Career for Women '	30 th September 2021	50
2	FDP on ' Heart Health for Women '	2 nd December 2021	40
3	Organized two days workshop on ' Self-Defense '	20 th -21 st December, 2021	100
4	Celebrated ' National Girl Child Day '	24 th January, 2022	70
5	Celebrated ' International Women's Day '	8 th March, 2022	150
6	Seminar on ' Cancer Awareness and First Aid for Women '	16 th March, 2022	60


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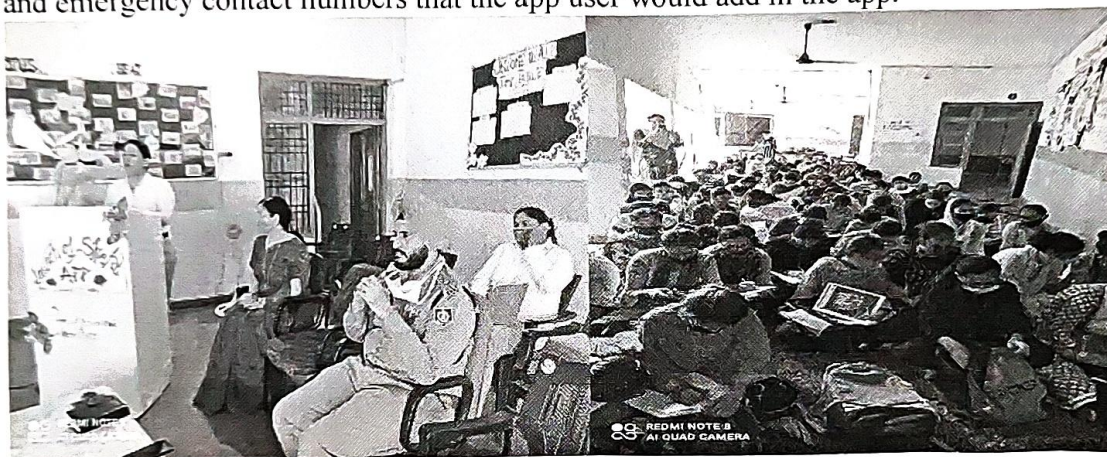
7	Seminar on ' Cervical Cancer and Reproductive Health '	27 th April, 2022	70
8	Workshop on ' Self Defence ' by Women Cell and Central Association.	27 th -28 th April, 2022	100
9	Four Day ' First Aid ' Training Camp organized by Red Ribbon and Health Club	11 th -14th July, 2022	50


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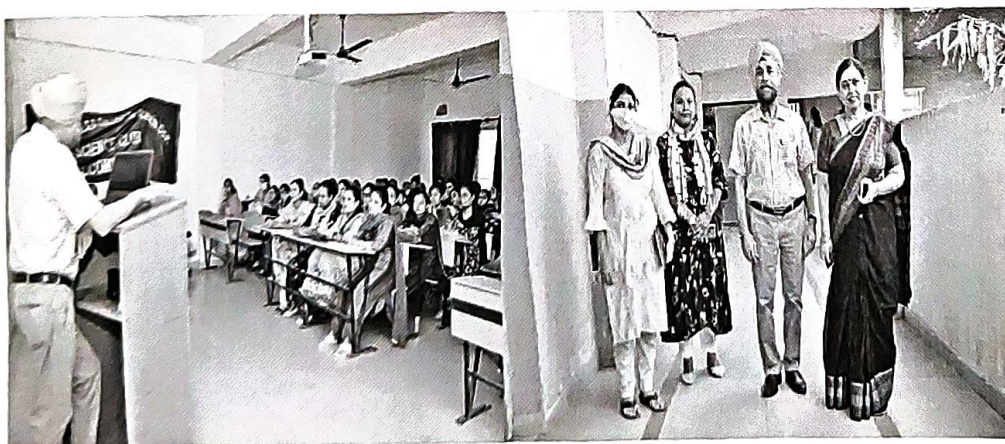
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Report

- Women Cell and Central Association of the college in collaboration with Sanjh Kendra, Gurdaspur organized a sensitization workshop on 'Shakti app' for the students to ensure the safety and security of women in the city. SP Dilbagh Singh and Inspector Inderbir Kaur marked their benign presence. Madam Daljeet Kaur, Ms Minakshi, Rajinder Kaur and Arshdeep Singh were also present. SP Dilbagh Singh said: "The mobile app has been developed to provide immediate help to the women in need and all the girls and women must download the app in her mobile." They taught girls about women safety and emergency contact numbers that the app user would add in the app.

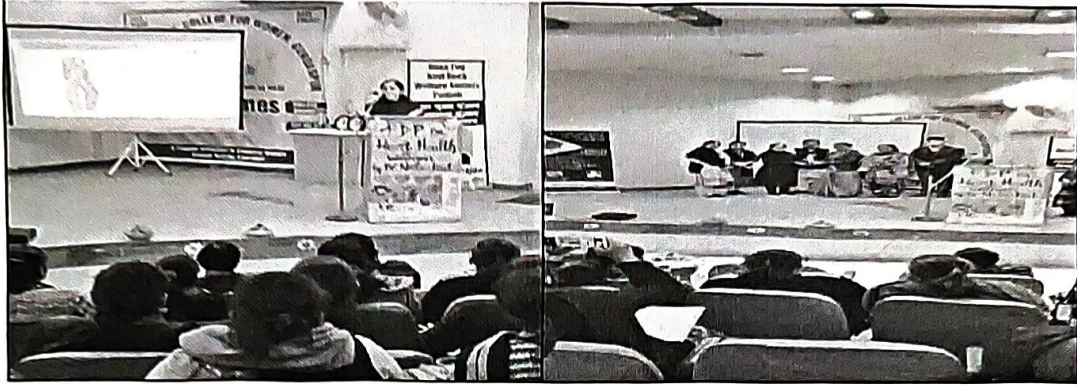


- On 30th September 2021, Science Club organized seminar on 'Science Education and Career for Women'. Dr. Paramjit Singh Bagga was the resource person.

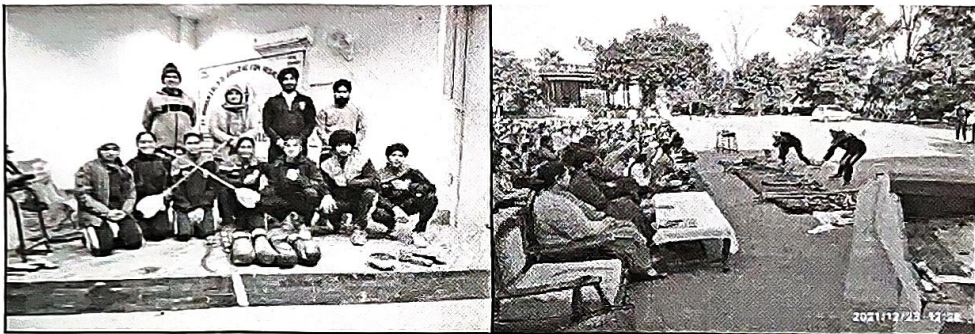


- On 2nd December 2021, FDP was organized on 'Heart Health for Women' in collaboration with Naya Yug Nayi Soch Welfare Society, Punjab in which Dr. Neelam Kaul, senior consultant cardiologist, Amandeep Hospital, Pathankot was the resource person. She delivered informative talk to the faculty members about the various symptoms & treatments of heart diseases.

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- On 20th-21st December 2021, Physical Education Department organized two day workshop on ‘Self-Defense’ in which Mr. Navtej was the resource person. He elaborated the tricks to girls for self-defense.



- On 24th January, 2022, NSS club of the college celebrated ‘National Girl Child Day’. NSS volunteers presented PPTs and declamation competition was also organized.

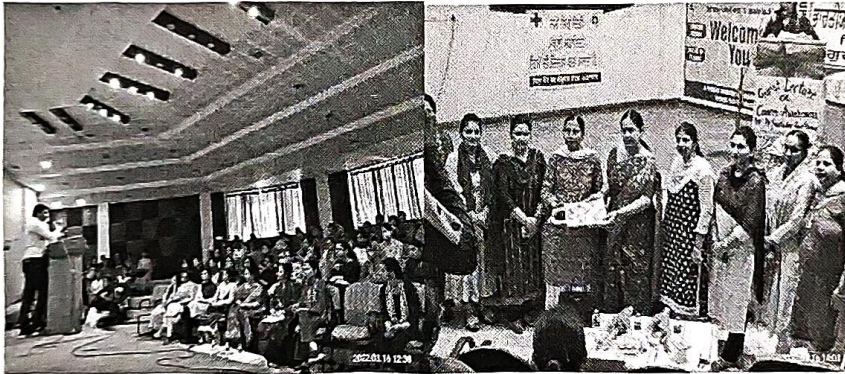


- On 8th March, 2022 Youth Club and Women Cell of the college celebrated ‘International Women’s Day’ Mrs. Shahla Quadin wife of worthy Deputy Commissioner, Gurdaspur. Sh. Mohamad Ishfaq was the chief guest. Mrs. Neelam Mahant, ex-chairman, child welfare society and Dr. Surinder Kaur Pannu, Pannu Nursing Home. Dr. Shagaun Sharma, Palampur, Dr. Rominder Kaler, Kaler Hospital. Dr. Oberai and Principals of renowned schools of Gurdaspur.

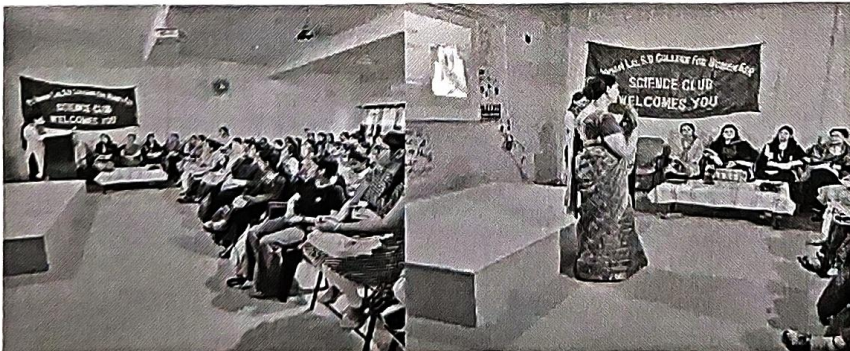

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- Red Ribbon and Health Club organized a seminar on **'Breast Cancer Awareness and First Aid'** in collaboration with Red Cross Society, Gurdaspur in which Dr. Surinder Kaur Pannu (Chief MD of Nursing Home) and Mr. Rajiv Sharma were the key speakers.

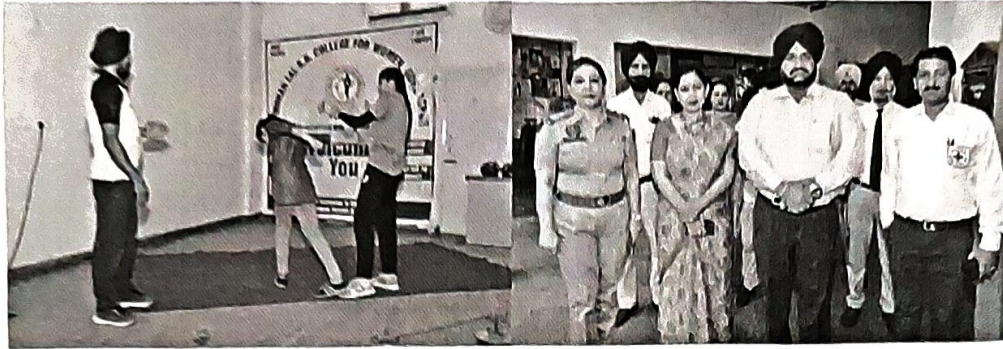


- An Awareness Lecture for women organized by Science Department on **'Cervical Cancer and Reproductive Health'** by the Prof. Andhleep, Government College, Gurdaspur was a recourse person.



- Women cell and Central Association organised two days workshop on **'Self-defense'** in collaboration with Saanjh Kendra, Gurdaspur.


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- The IQAC, Red Ribbon and Health Club of the college organized four day **'First Aid Training Camp'** in collaboration with Red Cross Society, Gurdaspur. Mr. Rajeev, Secretary, Red Cross Society, Gurdaspur was the trainer.



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