

Pt. MOHAN LAL S.D. COLLEGE FOR WOMEN, GURDASPUR

A MULTI FACULTY POST GRADUATE INSTITUTE

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Affiliated to: GURU NANAK DEV UNIVERSITY, AMRITSAR



PT. MOHAN LAL JI

FORMER EDUCATION, HOME AND FINANCE MINISTER, PUNJAB FOUNDER PRESIDENT OF GGDSD COLLEGE SEC-32, CHANDIGARH PT. MOHAN LAL S.D. COLLEGE FOR WOMEN, GURDASPUR PT. MOHAN LAL S.D. SCHOOL, CHANDIGARH.



SH. UPKAR KRISHAN SHARMA JI

FORMER PRESIDENT GGDSD COLLEGE SOCIETY, CHANDIGARH FORMER PRESIDENT PTMLSD COLLEGE FOR WOMEN, GURDASPUR EX-VICE PRESIDENT, EVEREADY INDUSTRIES INDIA LTD.

E-MAGAZINE 'DARPAN'



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Dr. (Mrs.) Neeru Sharma Chief Editor : Principal



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Dr. Khushboo Editor



Mr. Ashwani Technical Expert





Dear Sdians...

It gives me immense sense of fulfilment when I look at the monthly edition of college e-Magazine 'DARPAN'. The essential purpose of emagazine 'DARPAN' is to inform, engage and inspire faculty, students, parents, alumni and our stakeholders. This e-magazine endeavors to reflect the values and the long tradition of excellence of the institution itself. Throughout the year campus buzzes with various activities that makes learning experience at SD Gurdaspur, a unique one. The perpetual efforts of the faculty, students and clubs/societies of the college in keeping the campus alive are commendable. Workshops, conferences, competitions, rallies, sports, guest lectures, FDPs, PDPs and a great variety of activities that corroborate academic learning help our students to grow in the real sense.

I congratulate editors for giving practical shape to my idea of emagazine and wish all the best for inspired and result oriented session.

> Dr. (Mrs.) Neeru Sharma Principal



SEMINAR ON 'GOODS AND SERVICES TAX (GST): BASICS AND CONTEMPORARY ISSUES



The Commerce Department and Enactus Club organised a one-day seminar on 'Goods and Services Tax: Basics and Contemporary Issues'. The seminar aimed to provide an in-depth understanding of the GST system, examine its impact on various sectors, and explore current issues and challenges associated with its implementation. Dr. Manpreet Kaur, Asst. Professor in Commerce, Sri Aurobindo College of Commerce and Management, Ludhiana was the guest speaker. She elaborated the concepts of GST; its structure; Tax Rates; Input Tax Credit (ITC); Compliance; Requirements; GST Council and the contemporary issues in GST. Mrs. Money Ohri, Asst. Prof. In Commerce, Pt. Mohan Lal S.D College for Women, Gurdaspur discussed GST Accounting and reconciliation. She in her topic covered the role of the GST Council in shaping policies and addressing implementation challenges; emphasized the importance of coordination between central and state governments; stressed the need for greater public awareness and education on GST to improve compliance and acceptance and suggested measures for improving GST administration, including enhanced transparency, better support for small and medium enterprises (SMEs), and more robust enforcement mechanisms. The next speaker was Dr. Ravneet Kaur, Asst. Professor in Commerce, Pt. Mohan Lal S.D College for Women, Gurdaspur. She threw light on the career opportunities in GST. Dr. Ravneet Kaur provided an overview of the development and implementation of GST, emphasizing its role in creating a unified tax structure and simplifying the tax process. Dr. Khushboo Aggarwal, Asst. Professor in Commerce, Pt. Mohan Lal S.D College for Women, Gurdaspur discussed the Pre and Post era of GST. She talked about the problems faced during the pre-era and the benefits after post implementation of GST. She also provided insights into future trends and the need for ongoing policy adjustments to maintain GST's effectiveness in a dynamic economic environment. The seminar provided a thorough examination of GST and its contemporary issues, offering valuable insights into its implementation and impact.

25TH DEATH ANNIVERSARY OF PANDIT MOHAN LAL JI



To pay homage to Pandit ji, a series of events were organised. A prarthna sabha was organized where College Principal, staff members, non-teaching staff and executive members of Central Association paid floral tribute to Pandit Ji. The students of the Music Department recited bhajans. The College Principal while remembering the works and teachings of Pandit ji, said that Pandit ji was a harmonious blend of patriotism, democracy and secularism. His commitment was not merely philanthropic but was integral to his idea of nation building. She apprised that this organization run by him is setting new dimensions of success by carrying forward his good thoughts. Central Association organized a program at the Preliminary Education Study Centre, located in one of the most impoverished slum areas of the village Maan Kaur and distributed fruits to the community, emphasizing the institution's commitment to social service. A memorial lecture on 'Legal Protection for Women' was also organised in which Prof. (Dr.) Vinay Kapoor, the former Vice-Chancellor of B.R. Ambedkar National Law University, Sonipat was the speaker. Dr. Kapoor delivered her talk on the available legal frameworks for the protection of women in India. She discussed about various laws, including the Domestic Violence Act, Sexual Harassment of Women at Workplace and other relevant legislation. Additionally, in his memory, and following in his footsteps, the College Principal, along with management members Sh. Arvind Hasteer Ji and Sh. Goraknath Ji, distributed uniforms to the maintenance staff. An initiative was undertaken to honour Pt. Ji's commitment to youth development and his belief in the importance of physical education alongside academic learning.

LECTURE SERIES



The Science Department organized a lecture series that aimed to provide students with essential assessment information, develop concentration skills, and offer unique insights not found in course materials. The first lecture, organized by the Departments of Botany and Zoology, was on "Ecological Adaptations in Plants,' in which Professor (Dr.) Jatinder Kaur, , **Department of Botanical and Environmental Sciences, from Guru Nanak Dev** University, Amritsar, explained ecological adaptation as a physiological, behavioral, or morphological trait that helps organisms survive in their natural environments. She discussed how plants adapt to various conditions, including light regimes, dry conditions, high temperatures, water-saturated conditions, and saline environments. The second lecture, titled "Chemistry of Indoor Air Pollution," was delivered by Dr. Pawan Malik, Associate Professor at S. L Bawa DAV College, Batala. He debunked common myths about indoor air pollution and highlighted sources such as asbestos, paradichlorobenzene in air fresheners, and chemicals in tobacco smoke. He also suggested measures to reduce indoor air pollution, such as improved ventilation, clean fuel, and using plants like aloe vera.



AN OUTREACH PROGRAM



An outreach program was organized by the Cell coordinator and event incharge of PTML-IIC Mrs. Punita Sehgal and Mrs. Archana Sharma. A session was conducted in which verbal discussion with students at Government Girls High School, Babehali, Gurdaspur focusing on Innovation and Entrepreneurship skills was undertaken. Mrs. Punita Sehgal guided the students by making them aware of their innate talents and some skills learned from the schools, colleges and workplaces. The students actively participated in an interactive session.

INVESTOR AWARENESS PROGRAM



P.G Department of Commerce, Economics Department and Institution's Innovation Council in collaboration with SV Wealth Partners, New Delhi organized an Investor Awareness Program Initiative to make students financially literate. It was an online session on "Help People Manage their own Money" as per your suitability & convenience. The objective was to create a financially aware and empowered India and to help people manage money more effectively to achieve financial well- being by ensuring access to appropriate financial products and services. The webinar began with an engaging introduction by Mr. Suneel Kumar, who emphasized the importance of financial literacy among students. The speaker elaborated on the SMARTs framework, illustrating how students can set realistic and achievable investment goals. Various investment avenues were discussed, with practical examples and case studies to enhance understanding. College Principal Dr. (Mrs.) Neeru Sharma appreciated the efforts of the department to organize such valuable webinars for the students to empower them with the knowledge necessary to navigate the financial landscape effectively.



SEMINAR ON THE 'PRESENT-DAY GLOBAL ORDER'



The Social Sciences Club successfully organized an enlightening seminar on the 'Present-Day Global Order'. The keynote address was delivered by Dr. Kuldeep Singh, Former Professor Political Science Department at GNDU, Amritsar, and a renowned expert in international relations. Dr. Singh presented a comprehensive and thought-provoking analysis of the complexities and challenges characterizing the current global order. His address covered a wide array of topics, including geopolitical shifts, economic trends, the rise of emerging global powers, the role of international organizations, technological advancements, and the pressing challenges posed by climate change and global inequality.

In addition to Dr. Singh's keynote address, Dr. (Mrs.) Neeru Sharma, Mrs. Daljinder Kaur, and Dr. Rama Gandotra shared their insights on the topic, enriching the discussion further. The seminar concluded with an interactive Q&A session, allowing students to engage directly with Dr. Singh, posing insightful questions and sharing their perspectives.

QUIZ



The Jigyasa Quiz Club organized an engaging quiz competition at the college, starting with a written test on August 5th, in which 49 students participated. Based on their performance, 9 students were selected on a merit basis and divided into three teams for the next round. The oral quiz was conducted on August 8th, 2024, where Team B emerged as the winner. The team members were awarded a cash prize of Rs. 2100. The College Principal commended the efforts of the incharges of the Jigyasa Club for organizing the event.



NATIONAL HANDLOOM DAY



The Fashion Designing Department celebrated National Handloom Day, an annual event dedicated to honoring India's handloom weavers and rich cultural heritage. The event aimed to raise awareness about the significance of the handloom industry and the necessity of preserving this traditional art form. The department showcased a variety of handwoven products, including sarees, fabrics, bedsheets, floor mats, paintings, durries, and carpets. Mrs. Harsha Sharma, the Head of the Fashion Designing Department, discussed various aspects of the handloom sector, emphasizing the impact of modernization, the need for innovation, and the importance of supporting weavers.

SESSION ON ANGEL INVESTMENT



A 'Session on Angel Investment / VC Funding Opportunity for Early-Stage Entrepreneurs'. was organised by IIC. The resource person was Ms. Rouble, an entrepreneur. The session's main objective was to create awareness among the students regarding the Innovation ecosystem by transforming new ideas into start-ups, the role of pre-incubations and incubations, angel investments, venture capitalists and to give a broad idea about process/useful steps for getting angel investment. The session helped young entrepreneurs to understand angel investment for funding their ideas. The resource person gave a detailed overview of angel investment and venture capital funding that motivated students to start their startups. She said that angel investors are willing to take on the risk of a brand-new start-up and that venture capitalists aim to invest in early-stage businesses with high growth potential. She gave a detailed insight into sources of funding.

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DHIYAN DA TYOHAAR



The Punjabi Department and Heritage Club celebrated 'Dhiyan Da Tyohaar' with great enthusiasm and cultural fervor. The event featured various stalls in the college premises, showcasing food items related to the Saawan month, along with colorful dupattas, suits and mehndi by Home Science, Cosmetology and FD departments. The celebrations were marked by vibrant cultural activities, including modeling, a beautiful Punjabi couple competition, Giddha, Bhangra, folk songs, and folk dances, which became the highlights of the event. Students actively participated in these activities, contributing to an atmosphere of excitement and cultural pride. The students also indulged in traditional Saawan delicacies such as Mal-Poode and Kheer, enhancing the festive mood. The event concluded with the awarding of titles, where Miss Jasmine was crowned 'Miss Teej', followed by Miss Tanisha and Miss Sakshi as the 'First Runner Up' and "Second Runner Up," respectively. Rotaract Club also celebrated this festival by distributing Kheer and Maal Pura to the college workers. The event was organized to honor the cultural significance of the festival and to express our appreciation for the hard work and dedication of our workforce.

RAKHI FESTIVAL



The Fashion Designing Department in collaboration with IIC organized an exhibition to celebrate the Rakhi Festival. The event brought together creativity, tradition, and entrepreneurship, providing a unique platform for students to showcase their handcrafted rakhis, pouches, potli bags, gift hampers, stoles, dupattas, jute bags, and more. Celebrating the spirit of Raksha Bandhan with innovation and cultural pride, the exhibition aimed to encourage creativity and entrepreneurship among the students. The event saw enthusiastic participation from students and faculty members, with various student groups setting up stalls that displayed a wide range of Rakhis. The exhibition not only offered a platform to showcase their talents but also allowed them to earn by selling their products.

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INTERACTIVE SESSION ON THE 'IMPORTANCE OF READING NEWSPAPERS'



The Newspaper Club organized an enlightening interactive session on the importance of reading newspapers. College Principal Dr. Neeru Sharma provided valuable insights on how to read newspapers effectively and identify significant articles. She introduced the students to various newspapers and their editors, emphasizing the diversity and wealth of information available. She informed everyone that the college library has a circulation of 12 newspapers, including prominent ones like Hindustan Times, The Hindu, Tribune, Dainik Bhaskar, Dainik Jagran, Punjab Kesari, and Jag Bani. An exhibition followed the lecture, where members of the Newspaper Club displayed a collection of noteworthy articles chosen from daily newspapers. The session concluded with Principal Dr. Neeru Sharma commended the efforts of the Newspaper Club committee members for this unique activity in the library.

OUTREACH PROGRAM AT 'ORPHANAGE'



Rotaract Club conducted an Outreach Program at an 'orphanage'. The purpose of this visit was to distribute essential supplies like yoga mats, registers, pens, a variety of fresh fruits, biscuits and lassi. Teachers and students motivated them and shared their stories that were both entertaining and educational, aimed at inspiring the children. Such contributions can make a significant impact on the lives of these children by supporting their physical health, educational development and overall well-being, adding a touch of happiness to their day. College principal faculty members and students contributed generously for this noble cause.



VRIKSH RAKSHA BANDHAN



The Eco club, Botany department and Rotaract Club organized an event 'Vriksh Raksha Bandhan' in collaboration with National Edutrust of India. Tying a Rakhi to a tree on Raksha Bandhan is a meaningful activity that symbolizes a commitment to protecting the environment. This practice extends the traditional values of Raksha Bandhan where a sister ties a Rakhi to her brother, who vows to protect her—by including nature in the ritual. By tying a Rakhi to a tree, students express their dedication to safeguarding trees and the environment, recognizing that trees, like siblings, provide protection and support. This act not only fosters a deeper connection with nature but also raises awareness about environmental conservation, encouraging people to take responsibility for the well-being of the planet.

ANTAKSHARI COMPETITION



The Open Mike Club, in collaboration with the Music Department, organized an Antakshari competition. The event featured five rounds: a traditional Antakshari session, guessing movies from symbols, Dumb Charades, finishing song lyrics, and identifying songs from a given word. The teams impressed with their musical knowledge and quick thinking, keeping the audience entertained throughout.



INSTALLATION CEREMONY OF ROTARACT



Rotaract Club organized the installation ceremony of their Club for the year 2024-25. The event included admiring speeches on felicitations and concluded with the promising start to the leadership journey. It was bid adieu to the president and the board of members in 2023-24 and a warm welcome to the president and new members of 2024-2025. The event took place in the presence of Rtn.Vinod Gupta who told about the beginning of a new chapter in students' lives but also a significant milestone in commitment to fostering leadership, community service, and global citizenship among youth. Rtr. Sukhpinder kaur (DRR of 2024-25) motivated the students to take on the responsibilities of new roles and added that leadership is not just about holding a position; it is about making a positive impact on those around you. Rtn. Deepanshu (DRS) said that he is excited to see the incredible initiatives that the new team will undertake and it's positive impact on the community and beyond. College Principal Dr. Neeru Sharma congratulated the new office bearers of the Rotaract and mentioned that Integrity and compassion should be our core values in any sphere of life. The names of the position holders are Nandini -President; Anamika -Secretary; Deepika- Vice president; Radhika -Joint secretary; Shruti -Media ambassador; Tavneet -Sergeant at arms.

AWARENESS PROGRAM ON 'HIV AIDS'



Red Ribbon Club and Department of Sociology organized an Awareness Program on 'HIV AIDS and Drug Abuse' under the direction of Assistant Director Youth services, Gurdaspur at the adopted villages Babowal and Gadarian, Gurdaspur. The program incharges Dr. Rama Gandotra, Mrs. Gurdeep Kaur and Dr. Rajwant Kaur along with students of college visited the Babowal village and interacted with them. Dr. Rama Gandotra sensitized the youth of the village regarding drug addiction and its negative impact on individuals and society. Mrs. Gurdeep Kaur delivered a lecture on HIV infection, how this infection occurs and it's control measures. Further, Dr. Rajwant Kaur highlighted the difference between HIV and AIDS and how we should behave with HIV positive persons. Alongside, students of the club also interacted with villagers and made them aware of how to treat a drug addicted family member. They also recited poems on prevention of drug abuse.

BOOK REVIEW



The BYAS club hosted a Book Review event to promote the analytical skills of the students through book reviews. Avneet Kaur, Jasleen Kaur and Akshita Sharma from B.Sc Non- Med reviewed the book 'The Diary of a Young Girl' by Anne Frank. Krishma from BA 5th sem presented her review of the book 'The Power of your Subconscious Mind' by Joseph Murphy and Bavneet kaur from B.Com 5th sem presented her review of the book 'All My Sons' by Aurther Miller. The students demonstrated their analytical abilities through their reviews. The College Principal commended the efforts of both students and faculty members.

JANMASHTAMI



The Rotaract Club celebrated Janmashtami. A visit to the local Gaushala was organised with the aim to celebrate the spirit of the festival while promoting kindness and care towards animals, especially cows, which hold significant place in Hindu traditions, especially during the celebration of Lord Krishna's birth. Club members feed the cows with fresh grass, grains, and fruits. This act of seva was deeply fulfilling, as it allowed us to connect with the animals and contribute directly to their well-being. The club remains committed to supporting similar initiatives in the future.

PROTEST



The Rotaract Club organised a protest in response to recent rape case in Kolkata in collaboration with the Women Cell of our college, highlighting a united stance demanding justice for the victim. A rally was organised from college gate to Kahnuwan Chowk, Gurdaspur. The protest aimed to call for immediate and fair justice for the victim. Protesters demanded that the legal system expedite the case and ensure a stringent punishment for the perpetrators. The Participants carried placards, raised slogans, and displayed banners with slogans like 'Justice for the Victim,' 'End Rape Culture,' and 'Protect Our Women', calling for justice and safety for women. These visuals helped in amplifying the message and drawing public attention.

MOTIVATION CORNER



The students of the college decorated the Motivation Corner, adorning it with inspiring quotations in various languages. The purpose of creating this corner is to ensure that as students pass by, they catch sight of these motivational and inspirational quotes, helping them stay motivated, maintain a high spirit, and continuously strive towards success.

SWACHATA HI SEWA



SD Swachh Committee organized a Swachh campaign in the college premises. In the morning while students were entering the college campus there was checking of bags by SD Swachh committee members and plastic polythene bags were taken out from student's bags. This initiative was taken to ban the plastic use inside the college campus. A notice regarding cleanliness of washrooms has been circulated in washrooms. Masks and gloves were distributed among the sweepers to maintain their hygiene during cleaning of washrooms. Waste buckets of the college were painted to use as dustbins in classrooms and slogans were pasted on them. In addition to this an awareness lecture was given to the students by the SD Swachh Committee to maintain cleanliness of washrooms, classrooms, canteen area and hostel area.



AWARENESS PROGRAMME FOR GIRLS



The Rotaract Club organised an awareness program at Guru Nanak International School, Gurdaspur to teach girls about 'Good touch and bad touch. The primary objective of this event was to explain that good touch is any touch that is appropriate, respectful, and makes them feel safe. They also described bad touch as any touch that makes them feel uncomfortable, scared, or confused. The students taught that everyone has personal boundaries and it's important to respect others' boundaries as well as their own.

INTERNATIONAL YOUTH DAY



On the occasion of International Youth Day, students from the Sports Club and Red Ribbon Club participated in the district-level Red Run Program held at S. Beant Singh State University, Gurdaspur, under the direction of the Assistant Director Youth Services, Gsp. Eight teams from different colleges competed in the marathon, with eight students representing our college. Among them, Arashdeep Kaur of B.A. 3rd Semester secured the 1st position and won ₹2000, Gurpreet Kaur of B.A. 5th Semester achieved the 2nd position and received ₹1500, and Manjit Kaur of B.A. 1st Semester attained the 3rd position with a cash prize of ₹1000. All three students have also been selected for the State Level Marathon race. Principal Dr. (Mrs.) Neeru Sharma congratulated the winning students and the incharges, Ms. Gagandeep Kaur of the Sports Club and Ms. Gurdeep Kaur of the Red Ribbon Club, for their remarkable achievements.



CAREER GUIDANCE SESSION



The Career Guidance and Placement Cell organized an online Session on 'New Age Skills and the Job Market' in collaboration with Skill Lab Resource Service Private, a leading organization dedicated to equipping individuals with essential skills for the modern workforce. The session was led by Dr. Himesh Sharma, Founder, Skill labs Resource Services Pvt. Ltd. and a distinguished Entrepreneur and expert in the field of career counselling and skill development. Dr. Sharma emphasized the importance of adapting to the rapid changes in the employment landscape. He highlighted how traditional career paths are being transformed by technology, globalization, and the rise of new industries, urging students to be proactive in acquiring the skills that are now in high demand. He also discussed the increasing trend of competition in the job market, explaining that with the right skills and knowledge, students could stand out and seize new opportunities. During the session, students had the opportunity to ask questions directly to Dr. Sharma. These questions ranged from specific career paths to broader inquiries about the job market, and Dr. Sharma addressed each with expertise and clarity, leaving the students with a better understanding of how to navigate their future careers. He promised that the college would continue to support students by organizing more workshops in future. Career Counselling Cell incharge Mrs. Sandeep Kaur Goraya and Dr. Ravneet also motivated the students to attain career-enhancing skills.



INDEPENDENCE DAY CELEBRATIONS



On August 15, 2024, we came together to honor India's Independence Day with a series of enriching and patriotic activities. Mrs. Daljinder Kaur from the Political Department delivered a speech on our fundamental duties and the true essence of Independence Day, urging all to be informed and responsible citizens. A documentary on Pt. Jawaharlal Nehru's iconic 'Tryst with Destiny' speech, a historic moment that reminded us of the sacrifices made for our freedom was shown to the students. A unique photograph session was held with a flex display, visually representing a deeper understanding of our civic duties. The Cosmetology Department hosted a vibrant Mehandi Competition themed "Independence Day." The creative designs celebrated our national pride. Students from the Music Department led us in a soul-stirring rendition of the National Anthem, filling the atmosphere with patriotic fervor and unity. The Home Science Department of the college celebrated Independence Day with great enthusiasm and patriotism. The students showcased their culinary skills by preparing an array of dishes themed around Independence Day. The NSS club organized a 'Selfie with Flag' event where all staff members and students participated enthusiastically. The incharges of the Eco Club and the Botany department marked the day by organizing a plantation drive.



DISTRICT GURDASPUR BOXING CHAMPIONSHIP



Under the guidance of Coach S. Variam Singh, our students Arashdeep Kaur, Gurpreet Kaur, and Manjit Kaur secured Gold medals and Manpreet Kaur earned a Silver medal in the District Gurdaspur Boxing Championship, held on August 17-18, 2024, at Guru Gobind Singh Modern School, Gurdaspur. The event, organized by the Boxing Association of Gurdaspur and affiliated with the Boxing Association of Punjab and the Boxing Federation of India, was a resounding success for our institution. Ms. Gagandeep Kaur, HOD Physical Education Dept. also received the Award of Honour for her significant contributions in sports.

DISTRICT ASSEMBLY AND INSTALLATION



Students of Rotaract club attended District assembly 'Aagaaz' and installation ceremony of RTR. Sukhpinder Kaur as district Rotaract representative and the district council for RI year 2024-25 at Amritsar held on 3rd August. 2024. The attractions of the event were induction of new Rotaracts, training in group and discussion sessions, networking session, fellowships, games, music, DJ and collaboration of new club presidents.

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"आट्**र्ज अनुजास**न, मर्यादा, ईमानदारी तथा उच्च **मानवी**य

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