

PT. MOHAN LAL S.D. COLLEGE FOR WOMEN

SH. UPKAR KRISHAN SHARMA BLOCK

"आदर्श अनुशासन मर्यादा ईमानदारी तथा उच्च मानवीय
मूल्यों के बिना किसी का जीवन महान नहीं बन सकता।"



Pt. MOHAN LAL S.D. COLLEGE FOR WOMEN, GURDASPUR

A MULTI FACULTY POST GRADUATE INSTITUTE

Re - accredited with 'A' grade by NAAC (3rd cycle 2024)

IIC Ranking '3 Star' Rating by Ministry of Education 2024

Listed in the Tribune Guide to Best Colleges (25th April, 2025)

MANAGED BY: GGDSD COLLEGE SOCIETY, CHANDIGARH

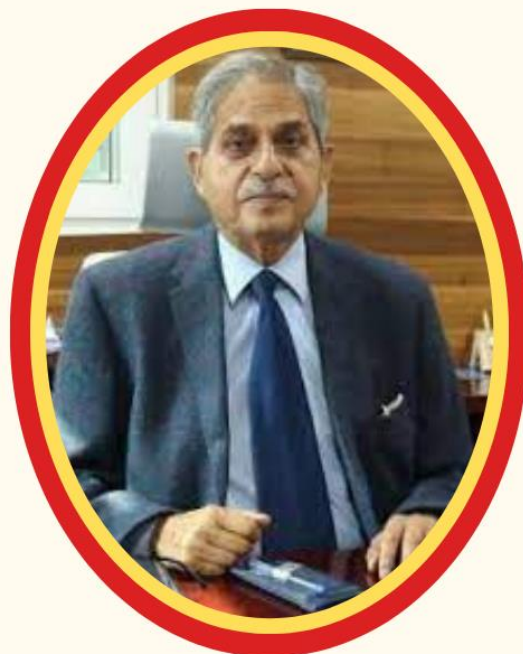
AFFILIATED TO: GURU NANAK DEV UNIVERSITY. AMRITSAR

OUR INSPIRING SPIRIT



PT. MOHAN LAL JI

FORMER EDUCATION, HOME AND FINANCE MINISTER, PUNJAB
FOUNDER PRESIDENT OF GGDSD COLLEGE SEC-32, CHANDIGARH
PT. MOHAN LAL S.D. COLLEGE FOR WOMEN, GURDASPUR
PT. MOHAN LAL S.D. SCHOOL, CHANDIGARH.



SH. UPKAR KRISHAN SHARMA JI

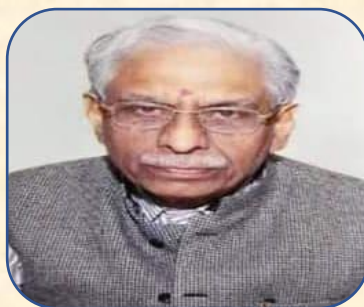
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FORMER PRESIDENT PTMLSD COLLEGE FOR WOMEN, GURDASPUR
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E-MAGAZINE

‘DARPAN’



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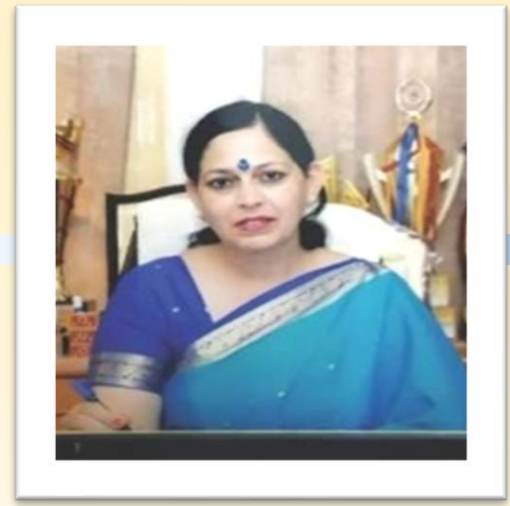


Dr. Khushboo
Editor



Mr. Ashwani
Technical Expert





Dear Sdians...

It gives me immense sense of fulfilment when I look at the monthly edition of college e-Magazine '**DARPAN**' which has now successfully completed four glorious years. The essential purpose of e-magazine '**DARPAN**' is to inform, engage and inspire faculty, students, parents, alumni and our stakeholders. This e-magazine endeavors to reflect the values and the long tradition of excellence of the institution itself. Throughout the year campus buzzes with various activities that makes learning experience at SD Gurdaspur, a unique one. The perpetual efforts of the faculty, students and clubs/societies of the college in keeping the campus alive are commendable. Workshops, conferences, competitions, rallies, sports, guest lectures, FDPs, PDPs and a great variety of activities that corroborate academic learning help our students to grow in the real sense.

I congratulate Er. Surkhab Shelly, Dr. Khushboo (editors) along with Mr. Ashwani (Technical Expert) for giving practical shape to my idea of e-magazine and wish all the best for inspired and result oriented session.

Dr. (Mrs.) Neeru Sharma
Principal



SEMINAR ON 350TH MARTYRDOM ANNIVERSARY OF SRI GURU TEGH BAHADUR JI



A one-day seminar on 'Sri Guru Tegh Bahadur: Hind Di Chadar' dedicated to his 350th martyrdom anniversary was organized by the Punjabi Department. The distinguished speakers included Dr. (Prof.) Manjinder Singh, Head of Punjabi Studies, GNDU, Amritsar; Dr. Paramjit Singh Kalsi, State and National Awardee and former District Language Officer, Gurdaspur and Dr. Surjit Kaur Basra, Assistant Professor at DAV College, Hoshiarpur. The ceremony began with the Principal, Dr. Neeru Sharma, warmly welcoming the keynote speakers by presenting them with saplings as per college tradition. Dr. Sukhwinder Kaur, Head of the Punjabi Department, introduced the guests and highlighted their academic and literary contributions. In his address, Dr. Manjinder Singh emphasized the global significance of commemorating the martyrdom of Sri Guru Tegh Bahadur Ji, highlighting his teachings on unity, spirituality, courage and peace. Dr. Paramjit Singh Kalsi spoke about Guru Tegh Bahadur Ji's early life, travels, battles, the establishment of Anandpur Sahib and the inspiring role of young Gobind Rai. He also recalled the martyrdom of Bhai Mati Das Ji, Bhai Sati Das Ji and Bhai Dayala Ji. Dr. Surjit Kaur Basra paid tribute through a self-composed poem reflecting on the contemporary relevance of the Guru's supreme sacrifice. In the concluding session, College Principal Dr. Neeru Sharma expressed gratitude to the speakers, appreciated the inspiring messages shared with the students and congratulated Punjabi department for arranging this seminar.



YOUTH FESTIVAL



The students of the College showcased an impressive display of their artistic and cultural talents at the Zonal Youth Festival held at Guru Nanak Dev University, Amritsar from 2nd Nov to 4th Nov 2025. College Principal Dr. (Mrs.) Neeru Sharma stated that the students participated enthusiastically in various events and brought laurels to the institution. They secured first position in On-the-Spot Landscaping Painting and Collage Making, and second position in Western Song, Cartooning and Phulkari. In addition, they achieved third position in Giddha, Poster Making, Group Bhajan, Group Song, Punjabi Debate and Punjabi Elocution. On this occasion, she appreciated Dean ECAs Mrs. Punita Sehgal, Mrs. Harsha Sharma, Youth Club members, Ms. Paramjeet, Ms. Kulwinder Kaur, Ms. Kiran, Ms. Jyoti Bhardwaj & event Incharges Dr. Sukhwinder Kaur, Dr. Dinesh Sharma, Dr. Rupinder, Dr. Ravneet, Ms. Savita Nanda and the supporting staff for their dedicated efforts in the youth festival. In her concluding remarks, the Principal congratulated all the students, teachers and winners, stating that the Youth Festival served as a source of inspiration for the students, fostering qualities of teamwork, self-confidence and creative thinking.



PARTICIPATION IN FOLK ART EXHIBITION HELD AT GNDU



The Heritage Club presented a splendid display in the Folk Art Exhibition organized as part of the 56th Foundation Day celebrations of Guru Nanak Dev University, Amritsar. A variety of items representing the ancient folk heritage of Punjab-many of which have now disappeared from homes, were showcased. These included dariyas, brass vessels, a spinning wheel, madhani, chakki, a traditional Punjabi kitchen setup, hand fans, decorative pieces, wooden household tools and handmade artworks. These artifacts not only enhanced the visual appeal of the exhibition but also reflected the creativity and cultural awareness of the students. The exhibition was attended by dignitaries such as the Vice Chancellor of Guru Nanak Dev University, Dr. Karamjit Singh; Professor Saroj Arora, Dean of the College Development Council; Dr. Manjinder Singh, Head of the School of Punjabi Studies; and Mrs. Jagjit Kaur, NSS Area Incharge. They highly appreciated the students' efforts and praised the college for its commitment to preserving and promoting ancient heritage. Certificates were awarded to the participating students in recognition of their contribution.



SESSION ON 'DIGITAL ENTREPRENEURSHIP THROUGH COMPUTER-BASED ACCOUNTING'



The PG Department of Commerce organized a session on 'Digital Entrepreneurship through Computer-Based Accounting.' The resource person for the event was Mrs. Shivani Mahajan, Assistant Professor in Commerce at SLSD University College, Kalanaur. During the session, Mrs. Mahajan emphasized the growing role of digital tools and accounting software in promoting entrepreneurship. She explained how technology-driven accounting practices can enhance business efficiency, accuracy and innovation.

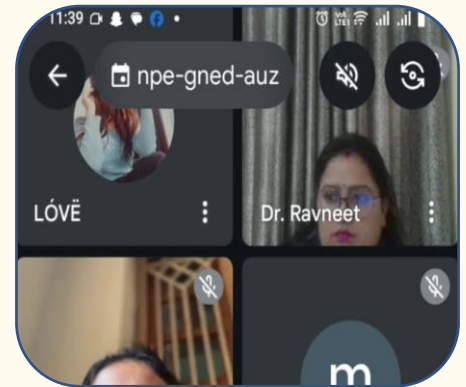
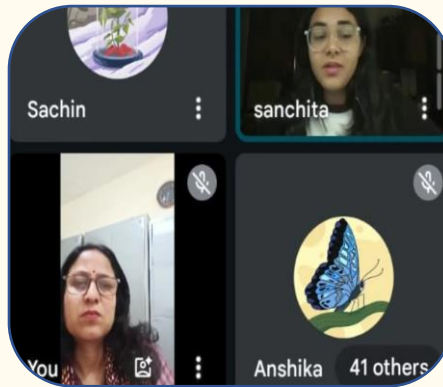
GUEST LECTURE ON 'DIVERSITY OF CRYPTOGRAMS'



The Department of Botany organized a guest lecture on 'Diversity of Cryptogams'. The distinguished speaker for the session was Dr. Vaneet Kumar, Assistant Professor and Head, Department of Botany, S.L. Bawa D.A.V. College, Batala. The speaker delivered an engaging and informative talk on the fascinating world of cryptogams, emphasizing their diversity, structure, reproduction, and ecological importance. The session proved to be highly beneficial for students and enriched their understanding of botanical diversity.

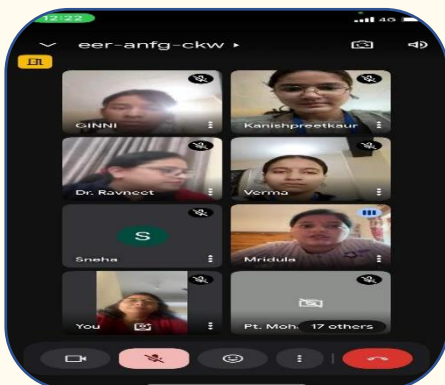


SESSION ON 'ENTREPRENEURSHIP AND INNOVATION AS A CAREER OPPORTUNITY'



The Startup Cell of the IIC in collaboration with Enactus Club of Commerce dept. organized an enlightening session on 'Entrepreneurship and Innovation as a Career Opportunity' in which Ms. Sanchita Kohli the founder of Blissify, a creative brand specializing in resin art and customized handmade products was the resource person. The session aimed to inspire students to explore entrepreneurship as a viable career path and to understand how innovation and creativity can be transformed into successful business ventures. Ms. Sanchita shared her entrepreneurial journey—from developing an interest in resin art to establishing her own brand, *Blissify*. She discussed various aspects of starting a business, such as identifying one's passion, market research, product development, branding, and digital marketing.

MOTIVATIONAL SESSION BY OUR ALUMNA



The SD Alumni Association organized a motivational session under IIC on 'My Motivational Story'. Our distinguished alumna, Ms. Mridula Thakur, shared her inspiring journey, highlighting how dedication and hard work enabled her to overcome challenges and establish her own coaching centre. Students interacted actively and gained valuable guidance. Overall, it proved to be an encouraging and uplifting experience for all participants.



WORKSHOP ON 'ECO BLOOM STARTUP'



A Workshop on 'Eco Bloom Startup' to celebrate National Entrepreneurship Day was conducted by the Celebration Cell of IIC, the NSS Unit and the Eco Club. The workshop aimed to promote eco-friendly entrepreneurial ideas and inspire young minds to adopt sustainable practices. Mrs. Samita Khajuria conducted interactive sessions and practical demonstrations, encouraging students to think creatively and explore green startup opportunities. The event concluded with positive feedback from all participants.

SESSION ON 'WRITING RESEARCH PAPER'



The PG Department of Commerce in collaboration with IIC, organized an insightful session on 'Writing Research Paper'. The resource person for the session was Ms. Rythema, Assistant Professor in the Department of Commerce at SLSD University College, Kalanaur. She shared her expertise on the essential components of academic writing and explained the systematic steps involved in preparing a high-quality research paper and discussed important aspects such as selecting a research topic, conducting a literature review and formulating objectives.



MENTORSHIP SESSION



An expert mentorship session was conducted at Amandeep (D Rhymester)'s D Rhymes Studio, the only professional studio on Hardochannia Road, Gurdaspur by the Mrs. Punita Sehgal (Dean, ECA & Social Media Cell Coordinator) and Ms. Jyoti Bhardwaj (Asst. Prof.in Home Science & Youth Welfare Club member). The studio created the complete audio track for the participants' demo, including story dialogues, dubbing, background music and sound design. The talented participants and the choreographer's clear vision made the process smooth. All vocals were recorded with a condenser mic in a fully acoustic studio using the Arturia Mini fuse 4, processed through the FMR Vox Compressor, and mastered with the TC Finalizer 96k and T-Racks 5 VSTs. The entire dubbing and sound design were completed in just over a week, resulting in excellent output. The program highlighted the importance of grassroots recording skills, innovation and entrepreneurial thinking.

SESSION ON 'DIGITAL FOOTPRINTS'



The Department of Computer Science organized an informative session on 'Digital Footprints' delivered by Mrs. Dimple Kohal as the resource person. The session highlighted the importance of understanding online presence, data privacy, responsible digital behavior, and strategies to maintain a safe cyber identity. Students actively participated and gained valuable awareness about how their online actions can impact personal and professional life. The workshop proved to be highly beneficial and engaging for the students.



GUEST LECTURE ON 'ARTIFICIAL INTELLIGENCE IN MEDICINE'



The Department of Computer Science organized a guest lecture on 'Artificial Intelligence in Medicine' delivered by Ms. Deepak Jyoti from Shanti Devi Arya Mahila College, Dinanagar. The resource person discussed the growing role of AI in healthcare, including its applications in diagnostics, predictive analysis, medical imaging, personalized treatment, and hospital management. She also highlighted real-time examples demonstrating how AI enhances accuracy and supports doctors in effective decision-making.

GUEST LECTURE ON 'TITRATION TECHNIQUES AND STOICHIOMETRIC CALCULATIONS'



The Department of Chemistry organized a guest lecture on 'Titration Techniques and Stoichiometric Calculations'. Mrs. Kuljeet Kaur, Assistant Professor, Sardar Beant Singh State University, Gurdaspur was the resource person. Madam began the session by explaining the importance of titration in analytical chemistry, particularly in determining the concentration of unknown solutions. The lecture covered both acid-base and redox titrations. The speaker demonstrated the correct use of laboratory apparatus. Students were also guided on selecting suitable indicators like phenolphthalein and methyl orange based on the type of titration. The guest lecture was highly informative and interactive. It provided students with both theoretical knowledge and practical insights into titration techniques and stoichiometric calculations.



GUEST LECTURE ON 'ENTERPRISE SETUP AND CONFIGURATION IN A SMALL OFFICE'



The Department of Computer Science organized a guest lecture titled 'Enterprise Setup and Configuration in a Small Office Environment.' The session aimed to familiarize students with how small organizations plan, establish, and manage their IT infrastructure, covering areas such as network configuration, security management, system administration, and communication systems. The lecture was delivered by Ms. Jagpreet Kaur from Sainik Vocational Training Center, Gurdaspur, known for her expertise in computer networking and IT infrastructure. Drawing on real-life examples and hands-on experiences, she made the session highly interactive and insightful, enabling students to effectively relate theoretical concepts to practical, real-world applications.

ONE-DAY WORKSHOP ON 'FUNDAMENTALS OF LAB WORK AND INSTRUMENTATION'



The Department of Physics organized a one-day workshop on 'Fundamentals of Lab Work and Instrumentation'. Dr. Mridula Dogra, Assistant Professor, Baring Union Christian College, Batala was the resource person. The primary objective of the workshop was to familiarize students with basic laboratory practices, safety measures, and the proper handling and operation of common scientific instruments used in physics experiments. Dr. Mridula interacted with the participants and cleared their doubts related to experimental procedures.



CASE STUDY DISCUSSION



The Department of Commerce in collaboration with the Enactus Club organized a case study discussion on the entrepreneurial journey of Lahori Zeera's co-founders — Mr. Saurabh Munjal, Mr. Saurabh Bhutna and Mr. Nikhil Doda. The session was conducted by Ms. Sonali Mahajan, Assistant Professor in Commerce, who shared how the three cousins from Punjab turned a homemade drink into a national brand. She highlighted that innovation does not always require advanced technology; it can emerge from presenting familiar flavors in a new, packaged form through effective manufacturing, branding and distribution strategies. This activity was held as part of the University's Entrepreneurship Mindset Program, which encourages students to think innovatively and develop entrepreneurial skills.

ORIENTATION PROGRAM ON 'ENTREPRENEURSHIP MINDSET PROGRAM'



The Enactus Club of the Commerce dept. organized an orientation program on the 'Entrepreneurship Mindset Program.' The session was conducted by Ms. Manbir, Assistant Professor in Commerce, who shared her views on how students can develop an entrepreneurial mindset. She explained the importance of creativity, leadership and innovation in achieving success and encouraged students to use these skills to turn ideas into opportunities. The program was part of the university's initiative to promote entrepreneurship education.



ONE-DAY SEMINAR ON 'DRUG ABUSE AWARENESS'



The NSS Unit, Red Ribbon Club and Department of Sociology organized a one-day seminar on 'Drug Abuse Awareness'. Dr. Rama Gandotra (Head, Department of Sociology) and Dr. Sukhwinder Kaur (Program Officer) addressed the students and highlighted that drug addiction is a serious social evil that harms individuals physically, mentally, and spiritually. They emphasized the crucial role of family support, social cooperation and educational institutions in preventing substance abuse. Encouraging youth to participate in sports, cultural activities and community service, they noted, is an effective way to protect them from addiction. College Principal Dr. Neeru Sharma addressed the gathering, stressing the need to build a drug-free society and urging students to raise awareness among people around them.

WORKSHOP ON COLOURS



The Fine Arts Department organized a workshop on 'Colours'. Ms. Kulpreet Kaur from the Fine Arts Department of B.D Arya College, Jalandhar Cantt. acted as the resource person. She provided hands-on training in landscape drawing, cartooning and poster making. She also elaborated on the use of colours through various sketching techniques. The students received training in oil colours from the resource person.



INCULCATING PATRIOTIC VALUES



The Department of Political Science and NSS Unit organized various activities to commemorate the 150th birth anniversary of Sardar Vallabhbhai Patel. As part of the Unity March – Ek Bharat, Atma Nirbhar Bharat campaign by the Ministry of Youth Affairs and Sports, Government of India, the event included an oath-taking ceremony, essay writing competition, selfie with banner activity, display of banners and a documentary film depicting Sardar Patel's life and contribution to the nation. Mrs. Daljinder Kaur, Head of the Department of Political Science, administered the National Unity Day oath.

In another event, the Department of Political Science and the NSS Unit organized a lecture and speech competition to celebrate Constitution Day. Students spoke on the importance of the Constitution, fundamental rights, duties and democratic values. Mrs. Daljinder Kaur, Head Political Science Department highlighted its visionary principles and democratic foundations and importance of NSS volunteers actively contributed to the programme's success.

VIGILANCE AWARENESS WEEK 2025



The Commerce Department in collaboration with the Enactus Club celebrated Vigilance Awareness Week 2025 under the theme, 'Promoting Integrity in Public Life and Achieving Sustainable Development'. Students and teachers took an oath to stay vigilant against corruption and uphold honesty and transparency in all aspects of life. The next day, Mr. Ajay Kumar, Manager, Bank of Baroda, addressed the students on the significance of ethics and integrity, inspiring them to contribute towards a corruption-free and responsible society.



CELEBRATING NATIONAL EDUCATION DAY



The Celebration Cell and the Economics Department in collaboration with the IIC organized a Lecture Series on the occasion of National Education Day in memory of Maulana Abul Kalam Azad and his contribution to education. Dr. Ravneet Kaur (IIC Innovation Convenor), Ms. Jyoti Saini (HOD, Economics), and Ms. Samita Khajuria (Celebration Cell Coordinator) delivered insightful sessions on the theme 'Innovation, Entrepreneurship, and Economic Growth under NEP 2020.' Students and faculty participated actively, engaging in meaningful discussions on integrating technology, creativity, and innovation into modern education.

ESSAY WRITING COMPETITION



An essay writing competition was organised by Punjabi dept of the college dedicated to the 350th martyrdom anniversary of Sri Guru Tegh Bahadur Ji. Thirteen students participated and expressed their thoughts on the Guru ji's supreme sacrifice and ideals. The essays were evaluated by Principal Dr. Neeru Sharma, who awarded first prize to Ms. Geetika, second to Ms. Manpreet Kaur and third to Ms. Mandeep Kaur.



SASH CONFERMENT CEREMONY



The Rotaract Club organised Sash Conferment Ceremony to honour the newly appointed bearers and active club members for the academic session 2025-2026. The event aimed to acknowledge the dedication, leadership and service spirit of the young Rotaractors. The College Principal, Dr. (Mrs.) Neeru Sharma, along with faculty in-charges Dr. Khushboo and Mrs. Harsha, graced the occasion and encouraged the students to continue contributing meaningfully to community service initiatives. Sashes were formally presented to the club's president Rtr. Lavanya Jarewal, secretary Rtr. Aastha, treasurer Rtr. Sonalika, sergeant-at-arms Rtr. Ruby Bains, vice president Rtr. Harkirat and club members Rtr. Arman, Rtr. Supriya, Rtr. Jaishmeen, Rtr. Simran, Rtr. Supreet, Rtr. Manpreet, Rtr. Jashan, Rtr. Anshu, Rtr. Vishal Bharti, Rtr. Jagjeet, Rtr. Palak, Rtr. Kiran, Rtr. Navdeep, Rtr. Trisha, Rtr. Parminder, Rtr. Vanshika, Rtr. Tanika, Rtr. Mamta, Rtr. Sadhna. Each recipient was applauded for their commitment to uphold the Rotaract values of leadership, fellowship and service above self. Speaking on the occasion, the College Principal motivated the students to serve as role models within the institution and beyond. The ceremony concluded with a group photograph and an expression of gratitude by the club members.

EDUCATIONAL AND CULTURAL TRIP



An educational and cultural trip to Amritsar was organised in which a group of 28 students, accompanied by two teachers, visited Sri Harmandir Sahib (Golden Temple) and learned about its historical and spiritual significance. They also explored the Jallianwala Bagh Memorial, gaining meaningful insights into India's freedom struggle. The trip concluded with a visit to Amritsar Mall, where students enjoyed lunch and shopping. Overall, it was an enriching and memorable learning experience for all.



MEETING OF SLOW LEARNERS



Slow Learners' Club organized a Slow Learners' Meet to support students facing academic challenges. The session focused on personalized guidance, motivational inputs, and effective learning strategies given by Slow Learner Club incharges Mrs. Savita Nanda and Ms. Manbir Kaur. They motivated the students to be cheerful during the exams and do time management while preparing for the exams. The meeting proved highly beneficial in boosting confidence and promoting a positive learning mindset.

ADVANCE LEARNERS MEET



The Advance Learners Club organized a meeting for all streams. The session was graced by College Principal Dr. (Mrs.) Neeru Sharma and club incharges Mrs. Money Ohri, Mrs. Paramjit, Mrs. Pooja Kumari, and Mrs. Rajni Sharma. Advance learners from all classes attended the event. Mrs. Money Ohri, Incharge Advance Learners Club shared study tips, highlighting the importance of a balanced timetable and healthy habits, while Mrs. Pooja Kumari and Mrs. Rajni Sharma also offered valuable guidance.



REFRESHMENT DISTRIBUTION DRIVE



The Rotaract Club in collaboration with RID 3070 organised a Juice and biscuits distribution drive to the under-privileged children of Government Primary School, Mehmatpur, and the students at District Special Resource Centre, Gurdaspur. During the visit, members of the club spent quality time interacting with the students, making the day joyful and memorable for them. The club extended special gratitude to RTN PP Vinod Gupta for his unwavering support. His assistance has always played a vital role in empowering the club to contribute meaningfully to society. The event was successfully led by President Rtr. Lavanya Jarewal, along with Secretary Rtr. Aastha and other rotarians. The initiative concluded with a collective message encouraging society to continue supporting such humanitarian efforts that foster inclusivity, care, and upliftment.

STUDENTS ACHIEVEMENTS



The College Principal proudly states that our two Students Jashandeep Kaur and Kirandeep Kaur from +2 Humanities brought laurels to the institution by securing third Position in the Senior Group of the prestigious 'Bharat Ko Jaano' Quiz Competition held at Tagore International School, Gurdaspur. The participating students showcased exceptional knowledge, confidence and presence of mind, outperforming various teams from reputed institutions.



EMPOWERING YOUTH THROUGH EDUCATION

Education is a transformative force capable of changing the world. Education empowers people to rise above their circumstances and achieve their potential. Through education, Individual can become responsible citizens who can contribute to a more just and equitable world.

India boasts of diverse and expansive educational landscape, encompassing universities, colleges, schools and numerous institutes of national importance. The influence and seamless use of technology has significant implications on education system. Despite this, NEP 2020 has to include inclusive education as a key component for its vision for equitable and high quality education for all. Here educational institutions can play crucial role in shaping and ensuring 'Sustainable Development Goals' by ensuring quality education, elimination gender disparities, creating an inclusive classroom atmosphere, catering to diverse learning needs and promoting equity.

There is nothing more beautiful than someone who goes out of their way to make life beautiful for others. Such should be the passion of educators in our society. With the onset of NEP it has become imperative on the part of education to take initiatives, build trust, anticipating problems and suggesting solutions to the students.

We have followed the evolution of educational institutions through the use of technology and also from blackboard teaching to smart board reach. NEP

emphasized on the role of teachers to facilitate student learning by imparting knowledge and creating a conducive environment for effective learning. Now teacher's role has become that of a facilitator, helping them to navigate challenges and develop their potential.

Schools and colleges can play instrumental role by prioritizing foundational literacy, a holistic curriculum, multilingual learning, integration of vocational and academic pathways. Teachers as mentors can play crucial role in shaping thought process by interaction and communication through open dialogue and counseling sessions. In the ever-evolving academic landscape, holistic education and experiential learning is the cornerstone of present education set up. Teaching learning process should also include Participative and problem solving methods, which in turn can materialize NEP into more effective way.

For addressing societal issues, challenges in society and carrying forward government's vision/mission educational institutions are the best platforms. Since India has the largest young population in the world so their well being is not just a concern of individual families but a public one. Not an easy road to navigate, it has become ever trickier terrain in the digital age. Social media and big tech-powered algorithms impact their psyche in different ways. Technology and online platforms are not evil. Many would reinforce progressive ideas but others amplify toxic narratives. Another serious concern in erosion of values among youth. Respect for educators has been a pillar of Indian culture for centuries. When that crumbles, values and foundation of society is shaken and so does the future of a nation. Here teachers' role can be instrumental in

shaping young minds. By working together, we can help in shaping value-driven and responsible younger generation. Learning centers can play constructive role in empowering students through education with student-centric activities. Being educators, it is our duty to inculcate holistic learning and imbibe competitive abilities among students by workshops, sports, field visits, outreach programmes and community service. No doubt a quality education requires building, infrastructure, labs, technological integration but focus on inclusive education, awareness of opportunities and tackling economic constraints, can boost 'Education for All'. Grades and exams are important but teachers are to explore the right potential and caliber inside students. Preparing roadmaps and perspective planning by learning centers can help in clearing bottlenecks. By adopting human-centric approach, where nothing can replace human touch and human feel which forms the cornerstone of creating connections and meaningful relations with students certainly can ensure positive changes in the society.

Education is the passport to the future, for tomorrow belongs to those who prepare for it today. Future belongs to those who can think critically and adapt swiftly to real-world challenges. Educational institutions have to foster a growth mindset, embracing upcoming trends and integrating innovations to ensure that our students are prepared for the future. Education is not to include only academic progress but also refinement of the heart and discipline of the spirit.

If educational institutions are to script success stories then it demands supportive management, committed faculty and continuous improvements. As education is evolving- Lets embrace the future of learning because education is the most important weapon one can use to change the society.

DR. (MRS.) NEERU SHARMA
PRINCIPAL, PTMLSD COLLEGE FOR
WOMEN, GSP

THE VALUE OF MULTIDISCIPLINARY LEARNING IN THE 21ST CENTURY

Introduction

In today's fast-changing world, success isn't just about being an expert in one subject anymore. It's about being able to think across boundaries, connect the dots between ideas, and adapt to new challenges. That's where multidisciplinary learning comes in and it's quickly becoming one of the most valuable tools for students in the 21st century.

Why it's More Important Than Ever?

Think about the challenges we're facing today, climate change, global health crises, the rise of AI, mental health issues. These aren't problems that can be solved by one subject alone. Solving them requires teamwork between different fields: science, psychology, technology, policy-making, ethics, and even the arts. In the professional world, employers are now looking for individuals who can wear multiple hats those who can think critically, communicate clearly, and bring ideas together from different domains. Multidisciplinary learners tend to naturally have these skills.

What Exactly Is Multidisciplinary Learning?

Simply put, it's about learning from multiple subjects and finding ways to connect them. It's not about becoming a master of everything, but about being open to different perspectives and using them to think more creatively and effectively.

For example:

- **A Computer science student who learns psychology can build better, more user-friendly apps.**
- **An Economics student with a background in environmental science can work on real-world sustainability projects.**
- **A Literature student interested in data analysis might find new ways to study culture and trends.**

Real-Life Examples

You don't have to look far to see how this works in real life:

- **Steve Jobs once said that Apple's success came from combining technology with the liberal arts. His interest in calligraphy and design shaped the way we use computers today.**
- **In public health, professionals use biology, statistics, psychology, and even sociology to plan better health interventions.**
- **Even in the entertainment world, filmmakers, game designers, and writers often mix storytelling, music, visual arts, and tech to create immersive experiences.**

What It Means for Students?

Most colleges now encourage students to step outside their core subjects. Electives, minors, online courses, and student clubs all offer chances to explore new fields. Whether you're a science student writing poetry, a commerce student learning to code, or a humanities student diving into data analysis these

combinations are powerful. Being curious is the first step. You don't need to master every subject, just explore them enough to understand how they work and how they connect.

How It Helps You?

Multidisciplinary learning gives you:

- Better problem-solving skills – You'll be able to look at problems from different angles.
- More creativity – New ideas often come from unexpected combinations.
- Stronger communication – You'll be better at explaining your thoughts to people from different fields.
- Career flexibility – You won't be stuck in just one kind of job or industry.

The Future Is Interdisciplinary

The world doesn't work in silos anymore and neither should our education. In fact, many of the jobs of tomorrow don't even exist yet. What we do know is that those who can think flexibly, connect ideas, and keep learning will be the ones ready for anything.

Conclusion

So go ahead take that art class, try your hand at coding, or attend that philosophy workshop. The more you explore, the more you grow. In the end, multidisciplinary learning isn't just about building a career it's about building a smarter, more creative, and more connected version of yourself.

Suggested References & Further Reading

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YOUTH EMPOWERMENT

The Power and Potential of Youth

Youth is described as the most dynamic segment of a nation. History bears witness to the energy, creativity, and determination of youth, which have shaped the world. Globally, the youth population is expected to reach 1.3 billion by 2023. In India, 65% of the population is under the age of 35. Youth is synonymous with change, progress, and the future. It represents not only the renewal of a generation but also the driving force of society.

Dr. A.P.J. Abdul Kalam, remembered as the eternal guide of young minds, often said, “The ignited mind of the youth is the most powerful resource on the earth, under the earth, and above the earth.” Rifath Sharook from Tamil Nadu is one such example among countless others, who built the world’s smallest satellite, Kalamsat, at the age of 18, which was launched by NASA. Youth is dominating every field, whether it is healthcare, science, environment, sports, or entrepreneurship. With determination and passion, youth can move mountains.

However, there are some factors that hinder their growth. These include unemployment and career struggles, distractions such as the overuse of technology, mental health issues, economic difficulties, and social challenges. These problems can be overcome through collective responsibility. The government can increase skill-enhancement and developmental courses, especially in marginalized areas. Parents must provide emotional support, and society should create an environment of equality.

In conclusion, youth are not just the leaders of tomorrow but also the change-makers of today. With their immense potential, energy, and determination, they hold the power to shape the future of the nation. Proper guidance, education, and opportunities can ensure that their talent is utilized for constructive development. If empowered, youth can drive social, economic, and technological progress, leading the country towards a brighter and more sustainable future.

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SHRI GURU TEGH BAHADUR JI: THE ETERNAL VOICE OF COURAGE, COMPASSION, AND CONSCIENCE

Introduction:

Shri Guru Tegh Bahadur Ji, the Ninth Guru of the Sikhs, stands as one of the greatest spiritual and moral figures in world history. His life was not only devoted to God but also dedicated to protecting humanity from fear, injustice, and oppression. At a time when religious freedom was under severe threat, Guru Tegh Bahadur Ji chose the path of supreme sacrifice to defend the right of every human being to live according to their conscience. He carried forward the teachings of Guru Nanak Dev Ji faith in one God, equality of all people, and fearless living. Guru Tegh Bahadur Ji became a shining example of courage, humility, and selfless service. His martyrdom was not for power or territory, but for the dignity of human faith itself. His message remains relevant even today in a world that continues to struggle with intolerance and injustice.

Shri Guru Tegh Bahadur Ji:

Aspect	Details
Birth Name	Tyag Mal
Birth Date	1 April 1621
Birthplace	Guru Ke Mahal, Amritsar

Wife	Mata Gujri Ji
Major Residence	Bakala, Anandpur Sahib
Martyrdom Date	11 November 1675
Place of Martyrdom	Chandni Chowk, Delhi
Contribution to Guru Granth Sahib	59 Shabads (15 Raags), 57 Shaloks

From Tyag Mal to Guru Tegh Bahadur: Birth and Early Life

Guru Tegh Bahadur Ji was born on 1st April 1621 at Guru Ke Mahal in Amritsar. His childhood name was Tyag Mal, which means “one who renounces” or “one who sacrifices.” This name later proved to be deeply meaningful, as sacrifice became the central theme of his life. He was the youngest son of Guru Hargobind Ji, the Sixth Sikh Guru, and Mata Nanaki Ji, a deeply spiritual and calm woman. He also had a sister named Bibi Veero. From a very young age, Tyag Mal was raised in a religious and disciplined environment. Great care was taken in his education and training. He was taught reading, writing, mathematics, music, and religious scriptures. He also received physical training such as horse riding, archery, and swordsmanship. Baba Buddha Ji, a highly respected Sikh saint, guided his overall upbringing. While he learned the art of warfare, his heart always leaned towards meditation, humility, and devotion to God. His personality was influenced by his father’s concept of Miri and Piri, which teaches balance between spiritual power and world responsibility, and by his mother’s gentle and devotional nature [1].

The Title of “Tegh Bahadur”:

At the young age of thirteen, Tyag Mal took part in the Battle of Kartarpur (1634), fought between the Sikhs and the Mughal forces. Despite his young age, he showed exceptional bravery and sword skills. Impressed by his courage, Guru Hargobind Ji honored him with the title “Tegh Bahadur”, meaning *“the brave wielder of the sword.”* However, Guru Tegh Bahadur Ji preferred to be known as “Deg Bahadur”, meaning *“the one who feeds and supports others.”* This choice showed his belief that true strength lies not only in weapons but also in compassion and service [2]. A famous saying reflects this belief:

“Jis ki Deg, us ki Tegh”

(One who serves others truly deserves the sword)

Life of Meditation at Bakala:

After several family changes, Mata Nanaki Ji decided to settle at Bakala, her hometown, along with Guru Tegh Bahadur Ji and his wife Bibi Gujar Ji. Guru Ji lived at Bakala for nearly twenty years. During this period, he spent long hours in meditation and prayer. He built a Bhora (a small underground chamber) where he would sit in deep meditation, away from worldly distractions. These years shaped him into a spiritually enlightened soul, detached from ego and desire. He lived a simple life, focused on remembering God and understanding the suffering of humanity. Even when many people falsely claimed Guru ship after the death of Guru Harkrishan Ji, Guru Tegh Bahadur Ji remained calm and unaffected by greed or power. Before leaving the world, Guru Harkrishan Ji, the Eighth Guru, said the words “Baba Bakale”, indicating that the next Guru was in Bakala. This led to

confusion, as many imposters claimed to be the true Guru. A devoted Sikh trader named Makhan Shah Lubana played a crucial role in identifying the real Guru. He had promised to offer 500 gold coins to the Guru after being saved from a storm at sea. When he visited Bakala, he tested all the claimants by offering only two coins. None questioned it. When he reached Guru Tegh Bahadur Ji, Guru Ji gently said, *“You promised 500 coins, not two.”* Overjoyed, Makhan Shah ran to the rooftop and shouted:

“Guru Ladho Re!”
(I have found the Guru!)

Soon after, respected Sikhs formally declared Guru Tegh Bahadur Ji as the Ninth Guru of the Sikhs in 1664.

Aurangzeb’s Policy and the Cry of the Kashmiri Pandits, Martyrdom:

During this time, Mughal Emperor Aurangzeb enforced harsh religious policies. Many Hindus, especially Kashmiri Pandits, were forcibly asked to convert to Islam. Temples were destroyed, and innocent people were tortured. A group of Kashmiri Brahmins came to Anandpur Sahib, seeking help from Guru Tegh Bahadur Ji. They were terrified and helpless. After hearing their pain, Guru Ji understood that only a great sacrifice could stop this injustice. When he discussed this with his young son Gobind Rai, the child calmly said that no one was more worthy of sacrifice than Guru Tegh Bahadur Ji himself. Hearing this, Guru Ji decided to give his life for the protection of religious freedom. Guru Tegh Bahadur Ji went to Delhi, where he was arrested. His loyal companions Bhai Mati Das, Bhai Sati Das, and Bhai Dayal Das were brutally tortured and martyred in front of him. Despite witnessing

immense pain, Guru Ji remained peaceful and fearless. Aurangzeb offered him a choice: convert to Islam, show a miracle, or face death. Guru Tegh Bahadur Ji refused the first two. On 11 November 1675, he was beheaded at Chandni Chowk, Delhi. His sacrifice shook the conscience of the world. Guru Gobind Singh Ji later described it in powerful words:

ਧਰਮ ਹੇਤ ਸਾਕਾ ਜਿਨਿ ਕੀਆ ॥

ਸੀਸੁ ਦੀਆ ਪਰ ਸਿਰੁ ਨ ਦੀਆ ॥

(He gave his head but not his faith.)

Teachings and Bani of Guru Tegh Bahadur Ji

Guru Tegh Bahadur Ji's spiritual writings are included in the Guru Granth Sahib. He composed 59 Shabads in 15 Raags and 57 Shaloks. His Bani teaches:

- Fearless living (*Nirbhau*)
- Freedom from hatred (*Nirvair*)
- Detachment from greed and ego
- Meditation on God (*Naam Simran*)
- Truthful and moral life

His verses guide people to live in the world without being trapped by material desires. Guru Tegh Bahadur Ji's sacrifice paved the way for the creation of the Khalsa by Guru Gobind Singh Ji. His message goes beyond religion. He stood for human rights, freedom of belief, and justice. Poet Senapat rightly called him the

“Protector of Humanity.” Even today, Sikhs across the world serve humanity through Langar, Seva, humility, and courage, keeping his teachings alive.

Guru Ji was not influenced by the Qazi’s promises of worldly pleasures in exchange for converting to Islam. Nor was Guru Ji troubled by the idea of death and suffering. Instead, Guru Ji chose the path which would bring justice for the Hindu Kashmiri Pandits, disregarding Their own happiness and pride. So many people have given their life to protect their religion and community. Guru Ji gave their life to protect people from a completely separate religion. While Guru Ji did not wear a Janeyu (sacred Hindu thread), Guru Ji achieved martyrdom so that others could have the right to wear it. Guru Gobind Singh Ji writes in about Guru Tegh Bahadur Ji’s motives for Shaheedi (martyrdom) in the Sri Dasam Granth Bani:

ਤਿਲਕ ਜੰਝੂ ਰਾਖਾ ਪ੍ਰਭ ਤਾ ਕਾ ॥ ਕੀਨੇ ਬਡੇ ਕਲੂ ਮਹਿ ਸਾਕਾ ॥

ਸਾਧਨ ਹੇਤਿ ਇਤੀ ਜਿਨਿ ਕਰੀ ॥ ਸੀਸੁ ਦੀਆ ਪਰੁ ਸੀ ਨ ਉਚਰੀ ॥੧੩॥

He protected the forehead mark (tilak) and sacred thread (of the Hindus), which marked a great event in this age of Kaljug (era of sin).

For the sake of Saints, He laid down His head without even a sign of pain.

Conclusion: A Timeless Inspiration

Shri Guru Tegh Bahadur Ji’s life teaches us the true meaning of courage, sacrifice, and humanity. He lived a simple and truthful life and always stood for what was right. Even in the face of great suffering, he did not give up his faith or his values. His sacrifice was not for power or recognition, but for protecting the freedom of

belief and the dignity of all people. Guru Ji showed the world that real strength lies in compassion, patience, and fearlessness. His teachings guide us to live without hatred, to respect all religions, and to help others selflessly. Even today, his message inspires people to stand against injustice and walk on the path of truth, love, and service to humanity.

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