

Monthly Newsletter of Pt. Mohan Lal S.D. College For Women, Gurdaspur

Interactive Programme Week

'Interactive Programme Week' (14th-21st March 2018) was organised by Computer Science Department to kindle creative thinking among the students and to elevate their potentials. With informative feedback, both instructor and students had insight where they were excelling or need more focus. Group Discussion, Quiz, Seminar and Presentations were conducted. All Faculty members and students participated with full zeal and zest. Principal Dr (Mrs.) Neeru Sharma supported Computer Science dept. during this week. Mrs. Poonam Seth (HOD CS Dept.) thanked Principal and Staff Members for their cooperation.



Self Defence Programme

Physical Education Dept. organized a seminar and workshop on "Self Defence for Girls". The workshop was inaugurated by Former Principal Dr.(Mrs.) Neelam Sethi and Principal Dr.(Mrs.) Neeru Sharma. Speaking on the occasion Mr. Variam Singh (Coach) said that along with physical strength, mental strength is extremely important to face such situations bravely. Girls were trained to defend themselves in case of any undesirable situation. The college student Ms. Amandeep Kaur made us feel proud by being elected as a trainer for Self Defence Programme which is going to be held in Govt. Sen. Sec. School Jhawar.



Nasha Mukti Divas

The college in collaboration with District Education office celebrated 'Nasha Mukti Divas' on 23rd March, 2018. Oath was taken by staff and students to take a step to stop drug addiction. On Same Day Tribute was paid to Martyr Shaheed Bhagat Singh by Social Science Dept. Principal Dr. (Mrs.) Neeru Sharma and Mrs Punita Sehgal (HOD Hindi Dept.) motivated the students to learn from the life of India's most beloved freedom fighter. Students saluted to our martyrs for giving up their lives during freedom struggle so that subsequent generations could live in peace and prosperity.



Commemoration of World Poetry Day

With the purpose to promote the reading, writing, publishing and teaching of poetry and to give fresh recognition and impetus to Regional, National and International poetry movements, English Dept. of the college organized an aura for students to recite poems of eminent poets under the able guidance of Principal Dr.(Mrs.) Neeru Sharma on 21st March, 2018. With the objective to support linguistic diversity through poetical expression, Dr. Dinesh Sharma, (HOD Eng. Dept.) hailed all and set forth the students about the return to the oral tradition of poetry recitals. Students from all streams participated in this fest.



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Graduation Ceremony

Pt. Mohan Lal S.D. College For Women, Gurdaspur celebrated Graduation ceremony on 19th April, 2018. Hon'ble Mrs. Aruna Chaudhary, Education Minister, Punjab & MLA, Dinanagar graced the occasion as Chief Guest. The Convocation began with the majestic and grand Academic Procession followed by floral welcome of revered guest. Members of Managing Committee of the college, President Sh. Upkar Krishan Sharma, General Secretary Dr. PK Bajaj, Local chairman Sh. Hiramani Aggarwal, Sh. Ramesh Shukla, Sh. Balraj Mohan, and Regional Director Sh. Baldev sachdeva were the momentous visitants. President Sh. Upkar Krishan Sharma gave welcome speech and wished the new graduates for best future.



Principal Dr. (Mrs.) Neeru Sharma presented the annual report of the college highlighting the major achievements of the college in academics, sports, culture and other fields. She inspired the young graduates to lead a meaningful life, serving the society. Chief Guest Ms. Aruna Chaudhary in her convocation address offered her felicitations to the Principal, staff and students of the college for excellent achievements, building the qualitative profile of the college and establishing it as one of the leading institute of the region. She highlighted the importance of education in the life of woman and congratulated them for being empowered. The degrees were conferred on 600 Graduates and postgraduates from various streams. A scintillating cash prize of Rs. 25000/- to the University topper Ms. Kalwinder Kaur from B.Sc. Med. was the prestigious part of the convocation. Monthly newsletter: 'Udaan' and National seminar Proceeding Book 'Rural Development for inclusive growth of Punjab' were released by the revered Guest. General Secretary Dr. P. K. Bajaj extended the vote of thanks and the programme ended with the National anthem.

Workshop by Epitome of Brilliance : Sh. Rajiv Vij (from Canada)

A workshop was organized in college campus for faculty members, office faculty and computer students on topic 'Net Banking', 'Document Sharing and Printing' and 'Network Security and Management' respectively on 16th April, 2018. The Key Speaker was Sh. Rajiv Vij, Network/System Administrator, Monarch Industries Limited at Winnipeg (Canada). In 1st Session Sh. Vij explained the advantages of internet banking over traditional one, which makes operating an account simple and convenient on mobile phones. He gave knowledge about the safety measures which must be followed during Net banking. Faculty members interacted with honourable guest to solve their queries. During 2nd Session, the office staff was mesmerized with the valuable knowledge of a system in which users write as well as read files on a server and this sort of file sharing is beneficial in institutions. In 3rd session Sh. Vij touched upon the way of protecting a network resource by assigning it a unique name and a corresponding password. Students were spell bound by knowing the facts regarding network security and interacted with the honourable guest to resolve their issues. A token of gratitude was given to the revered Guest by Principal Dr.(Mrs.) Neeru Sharma with her words of appreciation.



Insightful Week

It was organized by commerce dept. of the college. Various activities were organized to make learning experience interesting and to boost competitive ability among students. Department organized Quiz, lectures, Group Discussion and Workshop on "Tally ERP9- A journey from Conventional Commerce to Cryptography" with aim to create familiarity with tally software. All faculty members and students participated with full enthusiasm. Dr.(Mrs.) Neeru Sharma fortified Commerce dept. during the week. Ms. Seema Mahajan (HOD Commerce Department) motivated the students to develop competitive, technical, communicative and managerial skills. She thanked Principal and Staff members for their association.



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Remembering Kushok Bakula on his 101st Birth Anniversary

The 101st Birth Anniversary of Kushok Bakula was celebrated at Pt. Mohan Lal S.D. College for Women. Dr Kuldeep Chand Agnihotri, Vice Chancellor, Central University of Himachal Pradesh was the key speaker at the event. Sh. Balkrishan Mittal, Secretary, All India DAV College Managing Committee was the Chief Guest and Dr. (Mrs) Neeru Sharma was the Guest of Honour at the occasion.



In his speech Dr Agnihotri emphasized on the fact that Kushok Bakhula Rimpoche had same stature as that of the great 'Iron Man of India : Sardar Vallabh Bhai Patel'. He explained how Rimpoche took up the issue of Ladakh's accession to India. Rimpoche was also the recipient of the coveted Padam Bhushan Award. He had shown courage and acted accordingly at the time of partition. He was an ambassador of India to Mangolia. He made remarkable efforts to revive Buddhism in Mangolia. Later he served in the Parliament of India. In this way he was devoted to the nation for life and after. A token of gratitude was given to the revered Guest by Principal Dr. (Mrs.) Neeru Sharma with her words of appreciation.

World Red Cross Day

World Red Cross Day was celebrated by Science Department on 8th May, 2018. Dr. Rupinder kaur Babbar MBBS, MD (Psychiatry) was the Resource Person of the day. Dr Babbar delivered a lecture on the topic "Stress Management" and explained about Stress levels among students during exam days as well as behavioral aspects of students in society. Various events related to health were organized on this day. The events kicked off with a short documentary on 'Facts about Red Cross Day'. Poster making competitions on various topics such as AIDS, Drug Abuse, Personal Hygiene, Nutrition and Balanced Diet were also organized. Students gave presentation on 'Stem Cell'. Skit was performed to raise awareness about Blood Donation and Drug Abuse. A documentary on 'AIDS' was shown on projector for students. All participants were honoured by Principal Dr.(Mrs.) Neeru Sharma and Dr. Rupinder Kaur Babbar.



Sports Meet

"Sports'Meet" was organized in the college campus on 5th May 2018 under the stewardship of Principal Dr.(Mrs.) Neeru Sharma. In this event various Indoor games such as Ludo, Carrom, Chess, Rope skipping and Outdoor games such as 100mtr Race, Three leg Race, Sack Race and Lemon spoon race were organized. Students and faculty members participated with gaiety and fervour. The enthusiasm among the students was heartening to see. The aim of the event was to spread awareness about benefits of sports in life and its importance in leading a healthy life physically as well as mentally. Winners were honoured by Principal Dr.(Mrs.) Neeru Sharma.



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World Environment Day

World Environment Day was celebrated in the college on 5th June, 2018. On this day it was declared that this year 'End The Plastic Pollution' will be best practice of the college. Slogan making competitions were organized on Go Green, Save Environment and Avoid Plastic. A documentary was shown to the students on 'Save Me' to spread the message to 'Save Mother Earth' among students. Students also enjoyed another documentary on the History of Environment Day. A project of cleanliness in Fish Park, Gurdaspur was organized by students and faculty members. They created awareness among people to keep the surroundings clean. The Environment Association of the college prepared Environment Pledge, which was taken by students and faculty members.



International Yoga Day



On 21st June, 2018 international Yoga Day was celebrated in the college campus. Mrs Tajinder Kaur (Yoga shikshak) taught faculty members and students about various asana like Vajrasana, Kpaalbhati, Anulom-Vilom, Bhujangasana etc. She explained that Yoga is an invaluable gift of India's ancient culture. It embodies unity of mind and body; thought and action ;restraint and fulfillment, harmony between man and nature; a holistic approach to health and well being. She further added that it is not about exercise but to discover the sense of oneness. About 100 students and teachers attended the workshop.

Orientation Programme and inaugural Hawan

To mark the beginning of New Academic Session 2018-19, Hawan Ceremony was organized. Principal Dr (Mrs) Neeru Sharma welcomed the new students, blessed them and guided them to imbibe the humanistic values of diligence, punctuality and discipline to achieve success in life. Orientation programme for freshers was organized by Arts, Science, Computer and Commerce Departments. The aim of the programme was to assimilate the students of all streams with Life History of Pt. Mohan Lal Ji, Governing body, Courses, Add-on Courses, B.Voc Courses, Code of conduct, Examination system, Merits, NAAC, Sports, various clubs and societies, Hostel, college faculty and their curriculum. College Principal addressed students and told them about importance of education. She further added that moral values are also very important in student's life. They reflect an individual character and spirituality. She inspired the teachers to be the source of inspiration for students. She gave assurance to the students for helping them to realize their goals of education. She wished them that their every moment in college be enriching one.



Alumni Meet



The Alumni Association of the college organized 'Parichay-Reunion Meet' on 14th July, 2018 in the presence of Worthy Principal Dr (Mrs) Neeru Sharma. Faculty members and many enthusiastic former students were present. Madam Principal explained the significance of alumni reunion for the growth of the institution. 50 alumni members attended the meet. In response, few of the alumni shared their experience as well as interesting moments of campus life. Old students were acquainted with new courses and progress of the college.



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Talent Hunt "Khoj Ek Prayaas"

Talent Hunt "Khoj Ek Prayaas" event was organized to give the students a platform to showcase their talent on 13th and 14th August, 2018 in the college campus. The whole function was managed by Dean ECA, Mrs. Punita Sehgal, Mrs. Harsha Sharma and Youth Welfare Club. More than 200 students of the college participated in the event. Various competitions of Singing, Dance, Music, Quiz, Debate, Declamation, Elocution, Poetical Recitation, Bhangra, Giddha, Rangoli etc. were organized. Faculty members from various departments judged the events. During this fest, Home Science Department of the college had set palatable food stalls, which were enjoyed by students as well as teachers. Winners of the events were honoured by Worthy Principal Dr. (Mrs) Neeru Sharma. She said to the students that such events boost their confidence and encourage them to come forward.



Samriti Divas of Pandit Ji

To pay homage to Revered late (Dr.) Pandit Mohan Lal Ji on his 19th death anniversary Shardhanjali Samaroh was organized in Pt. Mohan Lal SD College for Women on 30th August, 2018. The occasion was marked by the presence of Sh. Hiramani Aggarwal(Local Chairman), members of Managing Committee, Worthy Principal, Faculty and Students of the college. The statue of Pandit ji was garlanded by them. Recalling the unparalleled contribution of Pandit ji, Worthy Principal expressed her views that Pandit Ji was a true Karamjogi, an educationist, a veteran statesman, a social worker, a legislator and a religious leader. Throughout his life, he worked for the upliftment of Women. On this occasion, 'Neki Ki Diwar' was organized by the Rotaract Club

of the College to help the needy persons. To inculcate hygienic habits among slum dwellers, soaps and shampoos were distributed along with food items and clothes. On this auspicious occasion Bhajans were recited by the students of Music Dept. Worthy President Sir, Sh Upkar Krishan Sharma Ji and members of Managing Committee distributed uniform to twenty five needy girls of the college. A special prayer meeting was organized in which Dr. Sukhwinder Kaur(Asst. Prof. In Punjabi) and Mrs. Punita Sehgal(Asst. Prof. in Hindi) both apprised the achievements of Pandit Ji. Special Board with photographs of Pandit Ji was displayed in the college. The entire SD family prayed for his spiritual peace.



FDP - Sh J.C Joshi : A Paragon of Intellect and An Amazing Thinker

First, Pt Mohan Lal Memorial Lecture under FDP was organized on 31st August 2018. The topic was "Strength is Life, Weakness is Death". Sh. J.C. Joshi Principal (Retd.) P.G.College, Rohtak was the Resource Person. He apprised that Strength is goodness, Weakness is sin. Strength is what the Upanishads speak to us from every page. The moment we fear, we are nobody. It is fear that is the great cause of misery in the world, it is the cause of our woes and it is fearlessness that brings heaven even in a moment. Strength is felicity and weakness is hurdle. He motivated faculty members to be builder of nation in true sense by inculcating strong thoughts into student's mind. A teacher must be a continuous learner. Quality education is the capability to develop curiosity and questioning among students. Only a good teacher creates good student and good student creates good teacher. Let's face difficulty in field of work and overcome the shortcomings. There is need of self-introspection. Worthy Principal Dr.(Mrs) Neeru Sharma thanked him for sharing precious knowledge and honoured him with the token of gratitude. All Faculty members and Advance learners were present during programme.



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'Teachers Honouring Cermony' was organized in the College in collaboration with BVP under the able stewardship of worthy Principal Dr.(Mrs) Neeru Sharma on 5th Sept.2018. Deputy Commissioner, Gurdaspur Sh.Vipul Ujjwal was the chief guest .On this event, 25 teachers of different schools were honoured by DC Gurdaspur for their contribution in the field of Education. He addressed the students to follow the path shown by Dr.S.Radha Krishanan . He also emphasized the importance of teachers in the society. Teachers perform the noble and important role in shaping student's life. They mould their lives by inculcating positive values and by building character. College Principal also spoke on the Life of Dr. S. Radhakrishanan.

Visit to Punjab Vidhan Sabha Chandigarh

Social Sciences Department of Pt. Mohan Lal S.D.College for Women, Gurdaspur organised an Educational trip to Punjab Legislative Assembly, Chandigarh under benign recommendation of revered Principal Dr. (Mrs.) Neeru Sharma with an aim to provide students with experiences outside their everyday activities and to observe the subject in its natural state. The group of fifteen students were accompanied by two Assistant Professors, Ms. Sunita Kumari (History Dept.) and Ms. Rajinder (Philosophy Dept.). After getting general instructions like no use of gestures, avoid taking copy, pen, watch, handkerchief etc., students were allowed to step inside the Assembly where they got knowledge regarding present number of seats i.e. 117 in Assembly, speaker: S. Rana Kanwalpal Singh and leader of the house: Chief Minister Captain Amrinder Singh. Various topics namely development of education, more plantation, to provide debt free lands and facilities to peasants, to open Government ITI, to re-open physical education departments, to run sugar mills, construction of street and drainage system in villages were discussed in the session in which CM, Captain Amrinder Singh, Tourism Minister Navjot Singh Sidhu, Sukhbir Badal,Rajiya Sultan along with other ministers were present. While contemplating on education, proposal regarding fee concession on the basis of merit i.e.90%, 80% and 70% was discussed. It was decided that vacancies should be filled without any hindrance in Education Department of Punjab. Rest of the talk was about the overall development of the state. Principal Dr. (Mrs.) Neeru Sharma appreciated the endeavour of Social Sciences Department and motivated the students to have practical knowledge. By visiting several Departments of Panjab University, Chandigarh and Sukhna Lake, students were mesmerised and got unforgettable experiences.



Hindi Diwas Celebration

'Hindi Diwas' was celebrated by the Hindi Department of the college on 14th Sept, 2018 in college campus. This function was dedicated to Hindi Day under the chairmanship of worthy Principal Dr.(Mrs.) Neeru Sharma, in which Retd. Principal and National Awardee Hindi writer, Dr Kewal Krishan Sharma joined as the Chief guest . He emphasized that our national language should be used and developed in our day to day conversation . The development of a country depends upon the place of its National language in the country . He motivated students with the way they use their national language and also for not forgetting their roots. On this occasion, Ms. Punita Sehgal (Asst. Prof. in Hindi) especially organized an Essay writing and Signature competition contest. Revered Principal madam emphasized Hindi is such a language , in which we can easily explain our personal feelings and she also discussed about the importance of our national language. The program was honoured by the presence of all the staff members and students as well and marked the occasion as a wonderful event. Towards the end of the event worthy Principal Dr. (Mrs.) Neeru Sharma honoured the special guest and gave prizes to winners of the contest.





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Educational Visit

An Educational visit was organized by Home Science Dept. of the College for students of Diploma in Food Production to NFCI institute of Hotel Management and Catering on 15th October, 2018. Madam Anjana Joshi Executive Director of NFCI and Chef Mr. Ankush inculcated knowledge among students with their cuisine skills. They provided knowledge about the new methods and techniques of making palatable Tandoori Chicken, Cake and Salad. Students visited their department and learnt many new things. To make this educational visit a recreational one, students also visited Akshardham Temple and got refreshment at Mc-Donald and Subway. This visit proved to be quite knowledgeable and entertaining too.



BYAS- (Books You And Silence)



'BYAS' club was created by Worthy Principal Dr. (Mrs.) Neeru Sharma, with an aim to provide a supportive and stimulating environment for students and staff. The club encourages all the students to reach their potential to become life long learners and take reading as a recreational activity. BYAS club organized an event in which Dr. Sukhwinder Kaur (Asst. Prof. in Punjabi) was incharge. On this occasion, Ms. Sandeep kaur of BA Vth semester gave a book review of Bachint Kaur's Autobiography. It is a story of struggle by female to attain her individual and independent status in society despite of all the odds in life. Students were motivated to go through the book and learn how to fight in life and achieve their goals.

National Unity Day

National Unity Day is observed every year across India on 31st October, 2018 to commemorate birth anniversary of Sardar Vallabh Bhai Patel, who had played important role in unification of the country. Worthy Deputy Commissioner, Gurdaspur Sh. Vipul Ujjwal, Dr.(Mrs.) Neeru Sharma, Faculty members and students took a pledge to always remain united and work for the betterment of nation to make India more prosperous. The event was mesmerized with the informative speech of Madam Principal and concluded with National Anthem.



Wall Magazine



Principal Dr. (Mrs.) Neeru Sharma started 'Wall Magazine' initiative and said that this Wall Magazine will help to keep the faculty members updated with their subjects. The students will get the opportunity to express their hidden potentials and show off their talent and knowledge. This will go in long way to develop their positive, desirable and creative qualities. The current affairs and news were specially highlighted. The Wall Magazine was displayed in the college campus from 1st August, 2018, which was first prepared by Science Department from 1st to 13th August, next was prepared by History and Political Science Department from 14th August to 31st August, 2018, then Economics Department has displayed the Wall Magazine on various burning issues and eminent personalities in the world of Economics. Presently Commerce Department has displayed the wall magazine titled 'Digital Marketing'.

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Inter-School Fest : Beti Bachao Beti Padhao

To provide opportunities to develop and hone the students' skills, explore talents and abilities besides providing a platform for interaction amongst students and faculty members, a one day Inter-School Fest on 'Beti Bachao Beti Padhao' was organized at Pt. Mohan Lal S.D. College for Women, Gurdaspur dated 31st Oct., 2018, day of unveiling the tallest, the grandest 'Statue of Unity' of Sardar Vallabhbhai Patel, the Iron Man of India. Sh. Vipul Ujjwal, Deputy Commissioner, Gurdaspur was the Chief Guest. Sh. Rakesh Gupta and S. Gurnam Singh, Deputy Education Officer (Secondary), Gsp., S. Parminder Saini, Guidance Counselor Officer, Smt. Suman, Programme Development Officer and worthy members of the management of Pt. Mohan Lal S.D. College for Women were present.



This fest was attended by 347 students from across 23 schools in Gurdaspur District who participated in 35 different competitions. The entire event was covered by PTC News, FW News and Jagbani. It was also telecasted on YouTube. Participation certificates were given to all the students. Officials from District Education Office, School Principals and Journalists were honoured for their contribution in the field of education. Overall 1st, 2nd and 3rd trophies were given to the winners. The overall winner of this fest was Little Flower Convent S.S. School, Gsp. Various stalls by Home Science, Fine Arts, Dress Designing Departments and Ferris wheel were the main attraction. Thanks letters and mementos were sent to the principals of various schools as an honour. The show was concluded on a high note of National Anthem and vote of gratification by Principal, Dr.(Mrs.)Neeru Sharma. The event was intended to enrich students' lives by increasing social interaction and fostering community ties.

Sharing Happiness with Others: Diwali Fest

To inculcate the moral values among young girls and share happiness with others on the occasion of Diwali, Central Association of the college celebrated the festival with 53 women prisoners of Central Jail, Gurdaspur, indigents of village Bhoon, slum people near Pandori Road, Baba Tahel Singh Gurdwara, orphans of Children Home and old people of Old Age Home, Gurdaspur. CA incharges: Ms. Jagjeet, Ms. Ravneet, Ms. Komal, Ms. Samita, Ms. Palwinder, Ms. Gagan and Ms. Jyoti along with students distributed clothes, grocery, sweets and blankets among needy people under the theme 'Sharing Happiness With Others'. The old ones celebrated Diwali with students whereas orphan children celebrated the festival with full enthusiasm by getting handmade lamps. In this grand work, the desire for food by 53 women prisoners was also fulfilled. With this charity and noble deed of giving happiness to others, students learnt about joy of sharing and caring for needy section of Society. The entire college family has contributed for this noble cause.



Heritage Programme

District Heritage Society, Gurdaspur in collaboration with India International Rural Culture Centre New Delhi, set up Five -Day Programme on Indian culture. On the Very first day, Pt. Mohan Lal S.D. College for Women, Gurdaspur organized Classical dance under the able instructions of Sh. Vipul Ujjwal, Deputy Commissioner, Gurdaspur. On this occasion, Prof. Raj Kumar Sharma, President of District Heritage Society, Gurdaspur was present. Shriyasi Gopi Nath (Bharatnatyam dancer), Devika Aggarwal (Singer) and Manna Behra (Musician) gave their performances. Step by step, Shriyasi Gopi Nath presented three significant aspects of women's life such as mother-child love, art of makeup, relationship between husband and wife. Her recital was concluded with the description of love of Radha-Krishan. This occasion was organized to aware the students regarding Indian tradition and various 'mudras' of Bharatnatyam dance.





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Mr. Kuldeep Singh Sra: A Philanthropist

Mr. Kuldeep Singh Sra, President 'Dhiyaan Pukardian' inc Naperville, USA visited Pt. Mohan Lal S.D. College for Women, Gurdaspur to bestow scholarships to needy girl students with a motto to stop female foeticide and gender inequality. He has taken up the responsibility of educating seventeen students up to the completion of their graduation with monthly stipend. He also showed a documentary 'Dhiyaan Pukardian' to give information about his organization to students and motivated them for their bright future. Principal Dr.(Mrs.) Neeru Sharma welcomed him with warm regards and appreciated his ideas and act of kindness to help the daughters of India and to support girl students to make them Self-reliant. A token of gratitude was given to honourable Mr. Kuldeep Singh Sra for his sincere devotion.



A trip to 'Dev Bhumi' Himachal Pradesh

A spiritual as well as educational trip was organized for students to Baglamukhi Mata, Chamunda Devi and Gopalpur Zoo in November 2018, under benign recommendation of revered Principal Dr. (Mrs.) Neeru Sharma with an aim to provide students knowledge about Indian pilgrimages and its history. The group of 45 students were accompanied by Ms. Punita Sehgal and Ms. Archana Sharma. Students enjoyed zig-zag road journey in hilly area. On the way to Himachal Pradesh, students get to know about the seven Hindu Pilgrimage sites, which are dedicated to the different incarnation of Goddess Durga.



Students enjoyed a lot and had a divine experience through this spiritual trip to two different temples of Himachal Pradesh. Besides this, they visited Gopalpur Zoo which is located at Palampur. There they saw different types of wild animals and birds at same place. A visit to a zoo gave them both information and entertainment. They learnt about the rare species. This trip proved to be quite knowledgeable and entertaining too.

Awareness Rally on Drugs and AIDS

A rally on 'AIDS Awareness and Drug Abuse' was conducted by Red Ribbon Club of Science Department dated 1st December 2018 under the guidance of worthy Principal Dr.(Mrs.) Neeru Sharma. It was conducted to create awareness regarding AIDS-a dreadful disease among the people in the community and ill effects of drugs among youth. The motive of rally was to provide health education on personal hygiene. On this event students prepared placards on the different topics related to the prevention from AIDS and Drug Abuse. They participated in the rally with full zeal and zest under the supervision of Dr.(Mrs.) Mridula Dogra, Ms. Gurdeep Kaur, Mrs. Palwinder and Ms. Manisha. Before the rally, Worthy Principal addressed the students about disastrous effects of intoxication from drugs on individual and society. She motivated students to renew a commitment to create a generation without this dreaded disease.

