

Monthly Newsletter of Pt. Mohan Lal SD College for Women, Gurdaspur

Folk Art Exhibition at GNDU, Amritsar

On the occasion of the 55th Foundation Day of Guru Nanak Dev University, Amritsar, a Folk Art exhibition was organized in which Heritage Promotion Committee and Punjabi Department of the college participated. The exhibition showcased a glimpse of ancient heritage of Punjab. At this event, Dr. Rajesh Gill, Professor (Retd.) from Panjab University, Chandigarh; Dr. Ravi Ravinder, Professor and Dean, Culture Council at Delhi University and Dr. Amarjeet Singh, Director of the Sri Guru Granth Sahib Studies Centre at Guru Nanak Dev University, Amritsar, specially reviewed the folk-art exhibition. The exhibition featured a variety of items including bags, phulkari embroidery, rugs, handwoven items, weapons, farming tools, handmade art objects, jewellery, various objects related to traditional occupations, folk ornaments, ancient utensils, folk attire, household items and other objects related to heritage. Additionally, the Punjabi alphabet and family relationships were beautifully displayed. On this occasion, four teachers and six students participated in the exhibition. Students were honored with certificates by Guru Nanak Dev University, Amritsar for their contribution.



Celebrating Sports Achievements

Sports is an integral of the education. The college always motivated the students to take part in games to make themselves physically and mentally fit. Our students brought laurels for the college by participating in different sports activities. The college Basketball team won second position in the Intercollege Championship was held at GNDU, Amritsar. The college management and the Principal distributed sports kits to the college basketball team, emphasizing their commitment to promoting sports and supporting student athletes. The Taekwondo Intercollege Championship held at GNDU, Amritsar in which our students Gurpreet Kaur got silver medal, Arshdeep Kaur and Manjit Kaur got bronze medal each. State Level Kickboxing Competition under 'Kheda Watan Punjab Diyan' was held at Ludhiana where our students Gurpreet Kaur got gold medal with 10,000 cash prize and Manjit Kaur got silver medal with 7000 cash prizes. State Level Boxing Competition under 'Kheda Watan Punjab Diyan' was held at Balachaur in which our students Gurpreet Kaur won Silver Medal and Manjit Kaur won bronze medal. An intercollege Boxing championship was organized at Khalsa College, Amritsar in which Arshdeep won gold medal, Gurpreet Kaur and Manjit Kaur won silver medal. Arshdeep got selected for All India Inter University Competition. The college management and the Principal distributed sports kits to the college basketball team.



Innovative Endeavors of IIC

Institution's Innovation Council (IIC) organized a Workshop on 'Entrepreneurship and Innovation as a Career Opportunity'. Dr. Isha Kohli, Founder of Alphatoonz, Noida was the resource person. The event aimed to inspire and guide participants toward exploring entrepreneurship and innovation as viable career paths. A webinar on 'Motivational Session by Successful Entrepreneur', was also organized. An insightful session was organized on 'Basics of IPR and its Importance for Innovators and Entrepreneurs'. Advocate Mr. Satyan Khajuria, the speaker, emphasized the significance of Intellectual Property Rights in fostering research and development while ensuring innovators reap the benefits of their efforts. IIC in collaboration with the National Edu Trust of India, organized a 'Skill and Entrepreneurship Mela' on National Entrepreneurship Day. This fair featured a variety of stalls managed by the Student Council members. A workshop on 'Problem Solving and Ideation' was conducted by Ms. Parul, a counseling psychologist. The session delved into key concepts and psychological principles essential for effective problem-solving and creative ideation. National Education Day was celebrated by IIC under EEP and State Nodal Agency PSCST, supported by MoEF & CC. On this day students were taught about the concept of nurseries by discussing their purpose and benefits. A 'Creative Reuse Hub' was also installed in the campus. This hub creatively repurposed materials like plastic bottles, tires and tree bark for planting small ornamental plants.

